

# MENU of SERVICES

○ Monday – Thursday ● Friday – Sunday & Holidays

## SPA PACKAGES

**Detoxifying Head-to-Toe Package** 80 min ○ \$330 ● \$400  
Organic Detox Wrap, HydraFacial

**Music City Escape Package \*** 190 min ○ \$410 ● \$460  
Destress Massage, Customized Facial, Classique Pedicure, Classique Manicure

**Side-by-Side Package (for two) \*** 100 min ○ \$430\* ● \$480+  
Side-By-Side Massage, Side-By-Side Classique Pedicure,

\* Includes one glass of wine, champagne or mimosa per person.

## MASSAGE THERAPIES

Soothe the Sole ..... 20 min ○ \$75 ● \$90  
Back in a Minute (subject to availability) 20 min ○ \$75 ● \$90  
Destress Massage ..... 50 min ○ \$145 ● \$160  
..... 80 min ○ \$195 ● \$210  
Classic Swedish Massage ..... 50 min ○ \$135 ● \$150  
..... 80 min ○ \$190 ● \$205  
Aromatherapy Massage ..... 50 min ○ \$155 ● \$170  
..... 80 min ○ \$210 ● \$225  
Reflexology ..... 50 min ○ \$145 ● \$160  
Mother-To-Be Massage ..... 50 min ○ \$145 ● \$160  
Therapeutic Massage ..... 50 min ○ \$160 ● \$175  
..... 80 min ○ \$220 ● \$235  
Muscle Deep Tissue Massage ..... 50 min ○ \$180 ● \$195  
..... 80 min ○ \$240 ● \$255  
Soothing Stone Massage ..... 75 min ○ \$215 ● \$230  
Warm Bamboo Massage ..... 75 min ○ \$215 ● \$230  
Side-by-Side Massage ..... 50 min ○ \$290+ ● \$320  
..... 80 min ○ \$400 ● \$430+  
CBD-Infused Massage ..... 50 min ○ \$175 ● \$190  
..... 80 min ○ \$235 ● \$250

## BODY THERAPIES

Tropical Island Glow ..... 50 min ○ \$155 ● \$170  
Elemis Body Nourishing ..... 50 min ○ \$160 ● \$175  
Organic Detox Wrap ..... 80 min ○ \$195 ● \$210  
Hot Mineral Body Boost ..... 80 min ○ \$195 ● \$210  
Muscle Ocean Treatment ..... 80 min ○ \$195 ● \$210

## HYDRAFACIAL

Booster Facial ..... 20 min ○ \$135 ● \$150  
HydraFacial ..... 50 min ○ \$195 ● \$210  
Hydra Peel ..... 50 min ○ \$240 ● \$255  
Deluxe HydraFacial ..... 80 min ○ \$285 ● \$300

## SKIN RENEWAL FACIAL THERAPIES

Men's Facial ..... 50 min ○ \$145 ● \$160  
Superfood Pro Radiance Facial ..... 50 min ○ \$155 ● \$170  
Anti-Blemish & Calming Facial ..... 50 min ○ \$155 ● \$170  
Sensitive Skin Soothing Facial ..... 50 min ○ \$155 ● \$170  
Lift and Contour Facial ..... 50 min ○ \$165 ● \$180  
Dermaflash Exfoliating Facial ..... 50 min ○ \$165 ● \$180  
Dermaflash Peel Facial ..... 50 min ○ \$185 ● \$200  
Pro Collagen Facial ..... 50 min ○ \$165 ● \$180  
..... 80 min ○ \$225 ● \$240  
Farmaceutical Customized Facial .. 50 min ○ \$145 ● \$160  
Farmaceutical Deluxe Facial ..... 80 min ○ \$200 ● \$215



## HAND & FOOT THERAPIES

On-the-Go Manicure ..... 25 min ○ \$50 ● \$60  
On-the-Go Pedicure ..... 25 min ○ \$50 ● \$60  
Classique Manicure ..... 40 min ○ \$55 ● \$65  
Ultimate Indulgence Manicure ..... 50 min ○ \$70 ● \$80  
Shellac Manicure ..... 50 min ○ \$80 ● \$90  
  
Classique Pedicure ..... 50 min ○ \$70 ● \$80  
Men's Sports Pedicure ..... 50 min ○ \$80 ● \$90  
Ultimate Indulgence Pedicure ..... 80 min ○ \$120 ● \$130

## TREATMENT ENHANCEMENTS

Must be booked with a 50+-minute service.

Relaxing Scalp Treatment ..... \$25  
Moroccan Oil Hair Mask ..... \$25  
Polishing Foot Therapy ..... \$25  
Ultimate Soothing Back Therapy ..... \$25  
Warm Stones ..... \$25  
Warm Bamboo ..... \$25  
Arnica Muscle Release ..... \$25  
Hydrating Agave Oil ..... \$25  
Deep Exfoliation ..... \$30  
Eye & Lip Treatment ..... \$30  
Dermaflash Exfoliation ..... \$35  
CBD-Infused Oil & Compound ..... \$40  
Biotech Therapy Facial Enhancements ..... \$45

Choice of one: Ultrasonic Peeling, Microcurrent Lifting, Galvanic Rejuvenation, Light Therapy Rebalancing or Oxygen Infusion.

## NAIL ENHANCEMENTS

Must be booked with Nail Service.

Vinylux Polish ..... \$5  
French Polish ..... \$15  
Paraffin Infusion Treatment ..... \$25  
Shellac Polish ..... \$25  
Shellac Removal ..... \$15  
Dip Removal ..... \$30

## HAIR SERVICES

Heated Style Add-On ..... from ○ \$15 ● \$15  
Add-On Conditioning Treatment ..... from ○ \$40 ● \$40  
Gentlemen's Designer Hair Cut ..... from ○ \$50 ● \$60  
Women's Shampoo & Blowout ..... from ○ \$65 ● \$75  
Shine Glaze Add-On ..... from ○ \$65 ● \$65  
Special Occasion Style ..... from ○ \$80 ● \$90  
Women's Designer Hair Cut & Style .. from ○ \$90 ● \$100  
Bridal Style ..... from ○ \$125 ● \$135  
Single-Process Hair Color ..... from ○ \$130 ● \$140  
Designer Highlights ..... from ○ \$175 ● \$185

## WAXING AVAILABLE UPON REQUEST

## FITNESS TRAINING

Fitness Assessment ..... \$25  
30 Minute Training Session ..... \$60  
1 Hour Training Session ..... \$100

## GROUP FITNESS CLASSES AVAILABLE UPON REQUEST

# GENERAL INFORMATION

## SERVICE CHARGE

For your convenience, a 20% service charge will be added to all Spa services.

## WHAT IS THE CANCELLATION POLICY?

Please notify our Spa reservation team six hours before your scheduled appointment to avoid being charged the full value of the service. If, within six hours of your appointment, you need to reschedule, there will be an additional \$50 fee. Cancellations of packages require 24-hour notice. A credit card number is required to guarantee services at the time of booking.

## SHOULD I MAKE A RESERVATION?

Reservations are recommended and are subject to availability. Requests for a male or female therapist are not guaranteed.

## WHEN SHOULD I ARRIVE?

Please arrive 30 minutes prior to your treatment to allow time to enjoy our facilities and prepare for your treatment.

## WHAT IF I AM LATE FOR MY APPOINTMENT?

Arriving late will shorten the time of your treatment. The full value of your treatment will be applied.

## MINORS POLICY

Guests must be at least 18 years of age to receive body treatments and massages or to use the steam room, sauna and locker rooms. Please call for menu of services for guests under the age of 18.

## BUILD-YOUR-OWN PACKAGE

Receive a 15% discount by creating your own package of three or more 50- or 80-minute services on the same day (same guest).

## SPA AMENITIES

All services of 50 minutes or more include the use of our eucalyptus inhalation room, European dry sauna, locker rooms and a variety of amenities, including access to our coed Relaxation Lounge. We provide robes, sandals and complimentary healthy refreshments in the lounge during your experience.

## DAY PASS

\$35 for Overnight Hotel Guest  
\$39 + Tax for Preferred Guests  
\$59 + Tax for Local Guests

*Quantities limited. Check with spa staff for availability.*

## HOURS OF OPERATION

Daily.....9am – 7pm  
Fitness Center.....24 Hours  
Indoor Pool.....6am – 10pm

*subject to change, check website for hours*

*For a complete list of General Information and Frequently Asked Questions, visit [RelacheSpa.com](http://RelacheSpa.com). Please notify Spa staff of any health conditions or pregnancies.*

**RELÂCHE SPA at GAYLORD OPRYLAND RESORT**  
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