



RELÂCHE  
— SPA —



## RELÂCHE SPA GROUP MENU

Discover the true essence of relaxation at our award-winning Relâche Spa, the perfect place to soothe the body and soul. As a guest of Relâche Spa, we invite you to enjoy the following amenities:

- Spa Robe, Sandals and Locker
- Indoor Pool & Outdoor Whirlpool Access
- Steam Room & Sauna
- Co-ed Relaxation Lounge
- Access to Relâche Fitness Center
- Aromatherapy-Infused Chilled Towels
- Rainfall Showers

### LET US TAILOR YOUR SPA EXPERIENCE TO YOUR GROUP'S NEEDS:

#### GROUP SERVICES

Select a specialized menu of individual services for your attendees. Cover the entire treatment or a specified dollar amount to be charged to the Master Account or a provided credit card. Pre-blocking appointments is highly recommended.

#### INDIVIDUAL TREATMENTS

Allow your attendees to pre-book services for themselves or any guests traveling with them directly through our Concierge.

#### OTHER SPA EVENTS

We can customize our spa services to meet your group's needs for fitness classes, welcome gifts, relaxing meeting breaks and unique networking events.

Our Relâche Spa Leadership Team will work closely with you to customize services to meet your group's needs and ensure a flawless spa experience.

Contact [Trista.Chauvin@gaylordhotels.com](mailto:Trista.Chauvin@gaylordhotels.com) for more information.





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## GROUP SERVICES OFFERED

### POPULAR GROUP SERVICES

These are the most popular services for groups. Customized menu offerings are available depending upon group needs. Upgrade and enhancement options are available.

**Destress Massage** ..... \$160 | 50 min

The Customized Touch Destress Massage awakens the senses through touch and aroma. This deeply relaxing synergy soothes the mind, melts tension and harmonizes the body. This oil is blended by an expert; experience the power of real Aromatherapy, with hand selected pure essential oils of Rosewood, Melissa, Marjoram, Geranium, Rosemary, Lavender and Chamomile.

**Relâche Spa Pro-Collagen Signature** ... \$180 | 50 min

Smooth fine lines and wrinkles with the age-defying benefits of Padina Pavonica, a unique Mediterranean algae clinically proven\* to increase moisture, firmness and elasticity of the skin. ELEMIS relaxing facial massage stimulates optimum cellular function for nourished, vibrant and younger-looking skin. This anti-aging treatment offers two professional strength masks, rich in Hyaluronic Acid and the hero ingredients from the ELEMIS Pro-Collagen Age Defy Range.

*\*Independent clinical trials*

**Classique Manicure & Pedicure** ..... \$145 | 90 min

Enjoy a manicure and pedicure nourishing skin to silky smoothness. Enjoy tropical aromas while skin is renewed.

### BREAKS & NETWORKING

Rejuvenate and revitalize your attendees with our mini services, ideal for registration or during breaks. Create a networking event including multiple mini services.

**KNEAD A BREAK** ..... \$165

*(Chair Massage)*

**SOOTHE THE SOUL** ..... \$165

*(Tension-Relieving Foot Massage)*

**TECHNOLOGY DETOX** ..... \$155

*(Aromatherapy Hand Massage)*

**FEELING CHIPPER** ..... \$120

*(Polish Change)*

**MINI FACE LIFT** ..... \$165

*(NuFace Microcurrent Lift)*

**CUSTOMIZED SCRUB BAR** ..... \$20 per person

*(Spa expert will guide you in creating a take home sugar scrub)*

### FITNESS

Give your attendees an all-natural boost of energy or a healthy way to unwind by incorporating an instructor-led fitness break into your schedule of events. Price is per provider per hour.\*\*

### YOGA

#### HIIT TRAINING

#### CIRCUIT 21

*\*\*Contact for pricing details.*

### SPA GIFTS

Surprise your attendees with a spa gift delivered to their guest room. Relâche Spa gift cards are available, or we can assist you in creating spa welcome amenities or incentives.

*Service charge of 25% will be added for all services.*

