Roast Turkey Sandwich 17
Apple, Baby Gem, Provolone, Herb Walnut Mayo on Cranberry Bread

Grilled Chicken Wrap 17
Baby Gem, Avocado, Bacon, Tomato, Mayo, Tomato Tortilla

Quesadilla 15
Roasted Red Peppers, Feta, Spinach, Artichoke, Mozzarella, Molcajete Salsa

Tuna Salad Sandwich 16
Artichoke Hearts, Tomato, Green Onion, Bibb Lettuce

All Sandwiches are Served with a Choice of Terra Chips, Fruit, Simple Greens, or Cottage Cheese

Salads & Bowls
Kale Caesar Salad 13
Baby Gem, Baby Kale, Herb Croutons, Sunflower Seeds, Shaved Parmesan, Caesar Dressing

Spa Market Salad 14
Kale, Arugula, Romaine, Tomato, Crispy Pancetta, Asparagus, Quinoa, Croutons, Dijon Vinaigrette, Hard-Boiled Organic Egg

Black Bean & Rice Bowl 13
Black Beans, Brown Rice, Avocado, Salsa, Shredded Carrot, Cabbage, Lime, Cilantro, Cotija Cheese, Lemon Agave Vinaigrette

Poke Bowl 18
Ahi Tuna, Sushi Rice, Edamame, Avocado, Seaweed Salad, Carrot, Radish, Sesame, Miso Dressing

Add Protein
Seared Ahi Tuna 8
Grilled Chicken 6
Poached Organic Egg 4
Tofu 5

Sandwiches
Avocado Toast 14
Whole Wheat Toast, Cress, Arugula, Pickled Onion, Sea Salt

Free Range Egg Salad Sandwich 15
Mayo, Chives, Tomato, on Omega 3 Multi-Grain

Spa Sushi & Seafood (Noon - 4pm)
Spicy Tuna Roll 13
California Roll 11
Shrimp Ceviche 9
Edamame 7

To Share

Tortilla Chips, Salsa & Guacamole 12

Vegetable Spring Rolls 12
with Local Market Vegetables, Basil, Mint, Cilantro, and Peanut Sauce

Mezze Plate 14
Hummus, Tabouli, Feta, and Grilled Whole Wheat Pita Bread

Breakfast
Available 10 a.m. to Noon

Acai Parfait 9
House-Made Granola, Seasonal Berries & Greek Yogurt

Seasonal Spa Fruit Plate 13
Fruit in Season, Vanilla Yogurt

Local Grapefruit 8
Caramelized Raw, Orange Blossom Honey

Egg White Breakfast Sandwich 16
Avocado, Spinach, Tomato, Cheddar Cheese, Whole Grain English Muffin
Served With a Side of Fruit

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Wine

Martini Prosecco, Italy 14
Perlage Delle Venezie Pinot Grigio, Italy 12
Rombauer Sauvignon Blanc, California 14
Girasole Vineyards Mendocino Chardonnay, California 12
Meomi Pinot Noir, California 15
Eco Terreno Cabernet Sauvignon, California 15
Organic Craft Sangria
Made from certified organic grapes and biodynamic winemaking.

Beer

Domestic & Local Craft 7
Budweiser, Bud Light, Michelob Ultra, Coors Light, La Quinta Brewing Co. - Even Par IPA
La Quinta Brewing Co. - Poolside Blonde

Imported Beer 8
Corona, Corona Light, Heineken

Spa Bistro Cocktail Collection

Skinny Fit Margarita 15
Sauza Blue Agave Tequila, Fresh Lime, Agave Nectar

Bistro Mimosa 16
Italian Sparkling with California Fresh Squeezed Orange Juice

Ketel One Botanicals Cucumber Lemonade 15
Lowest Calorie, No Sugar, No Carb Ketel One Cucumber & Mint Botanical plus Fresh Squeezed Lemon Juice, Vermouth, and Club Soda

Bistro Bloody Mary 15
All Natural Tomato and Spices, Beluga Noble Russian Vodka

Juices

Fresh Juices 6
Orange or Grapefruit

Assorted Juice 5
Apple, Pineapple, Cranberry, Tomato, Pomegranate

Dessert

Dark Chocolate Dipped Strawberries 9
70% Dark Chocolate, California Grown strawberries

Selection French Macarons 8

Organic Chocolate Brownie 8

Non Alcoholic Beverages & Kombucha

Iced Tea by Evolution 4
Hot Tea Service, Assorted Flavors 6
Evian Still Water (500ml) 5
San Pelligrino Sparkling Water 5
Pepsi Brand Soft Drinks 4
Pepsi, Diet Pepsi, Sierra Mist
Red Bull Regular or Sugar Free 6
Coconut Water 7
Kombucha Green Tea & Lemon Wonder Drink 7

We are skipping the straw to reduce our environmental impact. If needed, straws are available upon request.