

Breakfast Served daily from 7am to 11am

GOOD START 14
oatmeal, cold cereal, or house made granola with fresh berries or bananas, skim milk & choice of toast, bagel, or muffin.
Includes juice and coffee

ALL AMERICAN 16
two eggs any style with hash browns, choose bacon, ham steak, sausage, or Canadian bacon & toast, bagel, or muffin.
Includes juice & coffee

EGG WHITE FRITTATA 15
turkey sausage, avocado, tomatoes
[350 cal.]

BROKEN YOLK SANDWICH 14
two eggs,* bacon, cheddar, toasted wheat bread, hash browns

SCRAMBLED EGG BURRITO 15
chorizo, pico de gallo, queso fresco

PANCAKES 12
maple syrup, whipped butter

BELGIAN WAFFLE 13
Vermont maple syrup & butter

[3 Egg Omelettes]

CLASSIC 12
ham and cheddar cheese

BUILD YOUR OWN 15
choose your combination of sausage, bacon, ham, onions, bell peppers, tomatoes, spinach, chorizo, chicken apple sausage, cheddar, mozzarella, goat cheese, egg whites, pico de gallo, pickled jalapeno

[Sides]

APPLEWOOD-SMOKED BACON 4

PORK SAUSAGE LINKS 4

CHICKEN APPLE SAUSAGE 5

BREAKFAST POTATOES 4

CEREAL 5

choice of berries or sliced banana, milk

YOGURT & GRANOLA PAREFAIT 7

choice of berries

[500 cal.]

[Beverages]

FRESH FLORIDA ORANGE OR GRAPEFRUIT JUICE 5

COFFEE- REGULAR OR DECAFFEINATED 5

HOT TEA 4

All Day Menu Served daily from 11AM to 9PM

[Sips & Bites]

CAPTAIN'S CHOWDER 10

fresh catch seafood chowder, oyster crackers

SPICY CALAMARI 14

banana peppers, tomato bruschetta, cilantro, spicy marinara

CRISPY BRUSSELS SPROUT 12

pepper jam glaze, pancetta, jalapeño, goat cheese

CRISPY WINGS 14

hot, barbecue or honey jerk sauce

ARTICHOKE & SPINACH DIP 14

baby spinach, artichoke hearts, mascarpone, mozzarella and Parmesan cheese, served with pita chips

[Down to Earth]

CAESAR SALAD 12

romaine, focaccia croutons, creamy Caesar dressing parmesan

GRILLED PEACH & BABY FENNEL SALAD 15

arugula, candied pecans, whipped goat cheese, Meyer lemon vinaigrette

[Handhelds]

MAHI TACOS 14

blackened Mahi, cabbage slaw, avocado crema, lemon aioli

ANGUS BURGER 15

sharp cheddar, root beer onion confit, served with fries

BLACKENED MAHI SANDWICH 14

lettuce, tomato Hawaiian bun & lemon aioli

CHICKEN QUESADILLA 16

blend of Mexican cheeses, pickled jalapeño, bell peppers, pico de gallo, guacamole, sour cream

[Entrees]

NEW YORK STEAK 30

Asparagus, Mac & Cheese, Steak Sauce

ROASTED SCOTTISH SALMON 28

basmati & lentil pilaf, sunburst squash, caper chermoula

LINGUINI MUSSELS 21

PEI mussels, white wine tomato broth, fennel, corn, parsey

CHICKEN FETTUCCINE ALFREDO 18

fettuccine pasta, creamy Alfredo sauce, topped with grilled chicken breast

PAN ROASTED CHICKEN 22

sauteed broccolini, mashed potatoes, mustard jus



Cocktail & Wine

[Whites]

La Marca, Extra Dry, Prosecco, Italy	10	38
Laurent-Perrier Brut, Champagne 375ml		32
Conundrum Sparkling Rosé, CA	12	45
Dr. Hans Von Müller, Riesling, Germany	10	38
Beringer, White Zinfandel, California	10	38
Nautiq, Rose ,Côtes de Provence	10	40
Whitehaven, Sauvignon Blanc, NZ	12	48
Kim Crawford, Sauvignon Blanc, NZ	12	48
Pascal Jolivet, Sancerre, France		48
Francis Ford Coppola, Pinot Grigio, CA		45
Santa Margherita, Pinot Grigio, Italy		63
Francis Ford Coppola, Chardonnay, CA	12	48
Crossbarn by Paul Hobbs, Chardonnay		45
Rodney Strong, Chardonnay, CA	14	56

[Reds]

Meiomi, Pinot Noir, California	12	45
J. Lohr Fog's Reach, Pinot Noir, CA		50
Alamos, Malbec, Argentina	10	42
Decoy, Merlot, Sonoma County, CA	14	56
Josh Cellars, Cabernet Sauvignon, CA	10	42
Aquinas, Cabernet Sauvignon, CA		42
Bonanza, Cabernet Sauvignon, CA	12	40
Rodney Strong Cabernet Alexander	14	50
J.Lohr Cabernet Sauvignon Paso Robles		50

[Featured Fresh Juice Cocktails]

Pompano Punch		13
Bacardi tangerine apple pucker pineapple juice grenadine		
Classic Mojito		14
Bacardi Superior spearmint fresh squeezed lime juice sugar cane		
Classic Margarita		14
Patron Silver, Cointreau, Fresh Squeezed Lime Juice, Simple Syrup		
Red Sangria		12
Red Wine Triple Sec Liquor Peach Schnapps Orange & Pineapple Juice Fresh Fruit		
Sweet Moscato Sangria		12
Moscato Wine Triple Sec Liquor Peach Schnapps Orange & Pineapple Juice Fresh Fruit		
Frozen Piña Colada /Strawberry Daiquiri		12

[Domestic]

Coors Light	7
Bud Light	7
Budwaiser	7
Blue Moon	7
Michelob Ultra	7
Miller Lite	7
O'Douls (Non Alcoholic)	7

[Imported]

Heineken	8
Corona Extra	8
Corona Light	8
Amstel Light	8
Modelo Especial	8
Dos Equis	8