

# EXCLUSIVE HEALTH AND BEAUTY SERVICES

London Marriott Hotel Park Lane, 140 Park Lane, W1K 7AA, London.



# MASSAGE

# The ultimate indulgence.

Soothing and calming, why not spoil yourself with one of our personal massage treatments that will leave you feeling peaceful and relaxed.

### 60/90/120 minutes

•	Holistic	•	Pre-natal
•	Deep tissue	•	Thai
•	Aromatherapy	•	Sports

Reflexology • Lymphatic Drainage

# BEAUTY

## Manicures and Pedicures

Perfect nails to flatter and flaunt.

Our pampering luxury treatments will rejuvenate and beautify your hands and feet, perfect as a special treat or to show-off for a night out.

### 60 minutes

•	Luxury Manicure	<ul> <li>Shellac Manicure</li> </ul>		
•	Luxury Pedicure	<ul> <li>Shellac Pedicure</li> </ul>		
•	Express Manicure/Pedicure	(Shellac removal, French polish available as add-on:		

# Facials

# Amazing skin that glows.

Our qualified therapists offer a range of facial treatments to provide the ultimate skin care. If you want to look your best, our pampering and relaxing beauty treatments are just the answer.

Facial – 60 minutes
 Deluxe Facial – 90 minutes



## HAIR & MAKE-UP

# Hairdressing

Great hair never goes out of style.

From a tousled blow dry to a glamourous up do, our professional stylists will create a style to flatter you and leave you feeling your best.

### 60 minutes

- Blow dry
- Cut & Style
- Special Occasions

## Make-up

Enhance your natural beauty with a touch glamour

Going out calls for a flawless cosmetic finish that only a professional can provide, our make-up artists will create the perfect look for you using only high quality products.

## FITNESS

Staying fit and healthy keeps you looking and feeling great.

Our personal trainers, Yoga and Pilates instructors are available to help you enjoy exercising, getting fit and feeling incredible.

#### 60/90/120 minutes

- Personal Training
- Pilates
- Yoga



### BOOKING DETAILS

Services are available seven days a week from 8:30am to 10:00pm and by special arrangement at all other times. Book minimum 2 hours in advance to ensure availability. All services are provided by London Serenity Ltd.

To book please dial 0 from your room or email mhrs.lonpl.theclub@marriotthotels.com.

# PRICE LIST

Valid from 8am-10pm. Additional £20/hour for treatments between 10pm-12:00 midnight. Additional £50/hour for treatments between 12:00 midnight and 8am.

Μ	а	S	S	а	a	е	&	F	а	C	i a	ls
	u	~	$\sim$	u	м	$\sim$	$\sim$		u	$\sim$		

£130/h — Holistic £130/h — Deep tissue

**£130/h** — Aromatherapy (£+10)

£130/h — Sports £130/h — Reflexology £130/h — Pre-natal

£130/h — Thai £130/h — Holistic

**£130/h** — Lymphatic drainage

£130/h — Facial

Hair & Make-up

£100/h — Blow-dry £120/h — Cut & Style

**£+100** — Make up (special occasions

and weddings by inquiry)

### Manicure & Pedicure

**£80/h** — Luxury manicure, luxury pedicure, express manicure/pedicure **£100/h** — Shellac Manicure, Shellac

Pedicure

**£+20** — Shellac removal **£+10** — French polish

Fitness

£100/h — Personal training

£100/h — Pilates £100/h — Yoga

### PAYMENTS & CANCELLATIONS

2-hour cancellation policy applies to all bookings. The full service fee will be charged for cancellations made with less than 2 hours' notice. Waiting time charged at standard rate. A minimum charge of 1 hour applies. Payments can be made by room charge. Services during Bank Holidays including Christmas Eve, Christmas Day and New Year's may be subject to an additional charge. If your requested treatment is not listed, please consult with a member of the concierge team and they would be delighted to arrange for a bespoke service.