



RELÂCHE  
— SPA —



## RELÂCHE SPA GROUP MENU

Discover the true essence of relaxation at our award-winning Relâche Spa, the perfect place to soothe the body and soul.

As a guest of Relâche Spa, we invite you to enjoy the following amenities:

- Spa Robe, Sandals and Locker
- South Beach Adult Pool Access
- Steam Room & Sauna
- Co-ed Tea Lounge
- Access to Relâche Fitness Center
- Rainforest Showers
- Aromatherapy-Infused Chilled Towels

Let us tailor your spa experience to your group's needs:

### GROUP SERVICES

Select a specialized menu of individual services for your attendees. Cover the entire treatment or a specified dollar amount that charges to the Master Account or a provided credit card. Pre-blocking appointments is highly recommended.

### INDIVIDUAL TREATMENTS

Allow your attendees to pre-book services for themselves or any guests traveling with them directly through our Spa Sales office. A specialized Spa Treatment Request Form is available with no mandatory minimum.

### OTHER SPA EVENTS

We can customize our spa services to meet your group's needs for fitness classes, welcome gifts, relaxing meeting breaks and unique networking events.

Our Spa Sales Team will work closely with you to customize services to meet your group's needs and ensure a flawless spa experience. Please contact [PalmsRelacheSpa@GaylordHotels.com](mailto:PalmsRelacheSpa@GaylordHotels.com) for further information.





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## GROUP SERVICES OFFERED

### POPULAR GROUP SERVICES

These are the most popular services for groups. Customized menu offerings available depending upon group needs. Upgrade and enhancement options are available.

Customized Massage .....	\$150   50 min
Customizable Swedish massage is perfect for reducing stress, relieving tension, easing pain and improving circulation.	
Customized Facial .....	\$160   50 min
A Facial that targets all skin care concerns, leaving bright and even complexion with results after one treatment; expression lines relaxed, skin glowing, smooth texture and skin is rejuvenated.	
Classique Manicure & Classique Pedicure .....	\$115   75 min
Enjoy a manicure and pedicure nourishing skin to silky smoothness. Enjoy tropical aromas while skin is renewed.	

### BREAKS & NETWORKING

Rejuvenate and revitalize your attendees with our mini services, ideal for registration or during breaks. Create a networking event including multiple mini services. Price is per provider per hour, exclusive of set-up fee.

Knead a Break (Chair Back Massage) .....	\$145
Soothe the Soul (Tension-Relieving Foot Massage) .....	\$145
Technology Detox (Aromatherapy Hand Massage) .....	\$135
Feeling Chipper (Polish Change) .....	\$75
Mini Face Lift (NuFace Microcurrent lift) .....	\$155
Make your own Bath Bomb and/or Scrub Bar .....	Contact for pricing
Provider will assist your guests in creating a 4oz. mason jar salt base scrub and/or bath bomb fizzes	

### FITNESS

Give your attendees an all-natural boost of energy or a healthy way to unwind by incorporating an instructor-led fitness break into your schedule of events. Price is per provider per hour.

Kick Boxing .....	\$150
Yoga .....	\$150
Zumba .....	\$150

Please contact for additional fitness classes.

### SPA GIFTS

Surprise your attendees with a spa gift delivered to their guest room. Relâche Spa gift cards are available, or we can assist you in creating spa welcome amenities or incentives.

Services are exclusive of service charge.

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