STAY WELL FEATURES

Air Purification
Reduces allergens, toxins and microbes from the air.

Aromatherapy
Optional use of scent creates a relaxing, mood-enhancing environment.

Circadian Mood Lighting
Personalize the room light environment.

Cleaning Protocol
Use of hypoallergenic products and state-of-the-art UV wand cleaning tool, which neutralizes bacteria, viruses and other microbes.

Cleveland Clinic Wellness
Access to online programs for sleep, stress and nutrition.

Dawn Simulation
Gently awakens with gradually increasing levels of light and sound.

Energizing Light
Bright white light suppresses melatonin and can help regulate circadian rhythm and reduce jet lag.

In-Room Program Guide
Provides highlights of the features, programs and benefits of the room.

Long Wave Night Lighting
Subtle lighting illuminates room for safe navigation while minimizing sleep disruption.

Mattress Encasement
Encasement helps maintain a more hygienic sleep environment, in conjunction with regular cleaning strategies.

Stay Well™ Mattress
Natural memory foam derived from plant extracts provides support and optimal comfort.

Stay Well Mobile App
Interactive app highlighting in-room features, Jet Lag Tool and Cleveland Clinic Wellness programs.

Stay Well Shower Infuser
Reduces chlorine to help skin and hair stay soft and smooth.
Receive complimentary access to online programs for sleep, stress and nutrition from Cleveland Clinic Wellness. Enjoy an assortment of Cleveland Clinic approved grab and go snacks at the marketplace in the lobby.

Stay Well Shop brings you a curated collection of your favorite Stay Well Room features and products. Visit staywellshop.com and enjoy 15% off your purchase with promo code MLN15.

Explore your room features, combat jet-lag with a custom itinerary from experts at Cleveland Clinic and unwind with Guided Meditation led by Deepak Chopra.