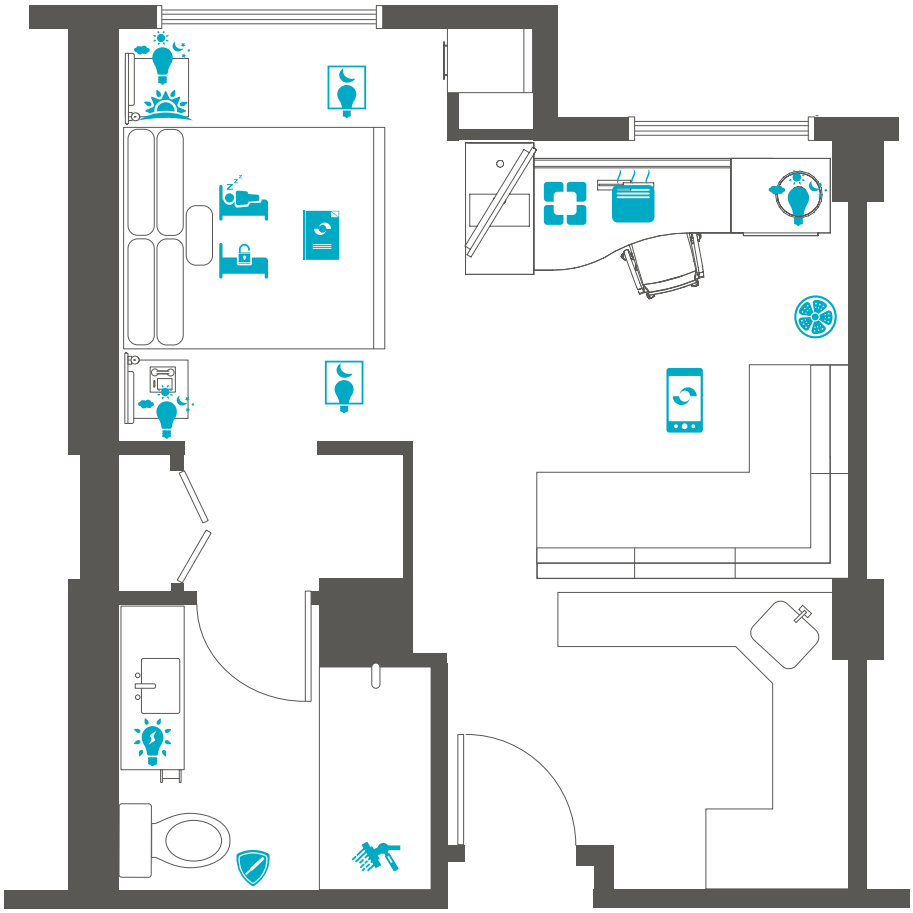
Residence Inn® Marriott®

STAY WELL®

STAY WELL FEATURES



Air Purification
Reduces allergens, toxins and microbes from the air

Aromatherapy
Optional use of scent creates a relaxing, mood-enhancing environment

Circadian Mood Lighting
Personalize the room light environment

Cleaning Protocol
Use of hypoallergenic products and state of the art UV wand cleaning tool, which neutralizes bacteria, viruses and other microbes

Cleveland Clinic Wellness
Access to online programs for sleep, stress and nutrition

Dawn Simulation
Gently awakens with gradually increasing levels of light and sound

Energizing Light
Bright white light suppresses melatonin and can help regulate circadian rhythm and reduce jet lag

In-Room Program Guide
Provides highlights of the features, programs and benefits of the room

Long Wave Night Lighting
Subtle lighting illuminates room for safe navigation while minimizing sleep disruption

Mattress Encasement
Encasement helps maintain a more hygienic sleep environment, in conjunction with regular cleaning strategies

Stay Well™ Mattress
Natural memory foam derived from plant extracts provides support and optimal comfort

Stay Well Mobile App
Interactive app highlighting in-room features, Jet Lag Tool and Cleveland Clinic Wellness programs

Stay Well Shower Infuser
Reduces chlorine to help skin and hair stay soft and smooth

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STAY WELL SHOP

Stay Well Shop brings you a curated collection of your favorite Stay Well Room features and products. Visit **staywellshop.com** and enjoy 15% off your purchase with promo code **MLN15**

STAY WELL MOBILE APP

Explore your room features, combat jet-lag with a custom itinerary from experts at Cleveland Clinic and unwind with Guided Meditation led by Deepak Chopra.

WELLNESS PROGRAMMING

Receive complimentary access to online programs for sleep, stress and nutrition from Cleveland Clinic Wellness. Enjoy an assortment of Cleveland Clinic approved grab and go snacks at the marketplace in the lobby.

Cleveland Clinic Go!Well

GO Well! by Cleveland Clinic Wellness