



**Sheraton**<sup>®</sup>  
MELBOURNE HOTEL

# YOGA & PILATES



Start your weekend feeling energised and enjoy a yoga or pilates class run by a professional teacher on our Terrace Bar\* followed by a delicious buffet breakfast at Little Collins Street Kitchen.

**Yoga every Saturday 8.30am\***

**Pilates every Sunday 8.30am\***

**\$25 per person**

## **Inclusions:**

60 min class

Buffet Breakfast

Towel provided

\*Weather permitting, a minimum of five guests is required per class.  
Yoga class may be held at a function space at the hotel.

## **The Spa**

Level 3, Sheraton Melbourne Hotel  
27 Little Collins Street  
Melbourne VIC 3000

Open daily from 10:00am to 8:00pm

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