

IRON & OAK

OAKLAND

Globally inspired ~ Regionally Sourced ~ Locally Made

GRAZE

CHEF'S SOUP OF THE DAY 10

ask us about today's soup option

IRON & OAK BURGER

Angus beef / bacon / tomato / lettuce / onions / pickles / aged cheddar cheese / I&O caramelized onion blue cheese sauce / french fries 18

TURKEY BLt

bacon / lettuce / avocado / tomato / sourdough bread / french fries 17

FRIED CHICKEN SANDWICH

buttermilk fried chicken / dutch crunch / arugula / pickled red onion / lemon aioli 17

SALMON SANDWICH

blackened salmon filet / dill & caper aioli / lettuce / tomato / onion / Dutch crunch / french fries 20

GRILLED THREE CHEESE

aged white cheddar / provolone / swiss cheese / sourdough / french fries 12

IRON & OAK PIZZA

Brussels sprouts / shitake mushrooms / shallots / goat cheese / arugula / balsamic glaze 16

CLASSIC PEPPERONI PIZZA 14

CLASSIC CAESAR SALAD

romaine / shaved Parmesan cheese / housemade croutons 12

TUSCAN KALE SALAD

red quinoa / toasted almonds / feta cheese / chef's selection of seasonal farmer's market produce / house maple cider vinaigrette 16

CHICKEN COBB SALAD

local lettuce / applewood bacon / Pt. Reyes blue cheese / tomato / hard cooked egg / yogurt green goddess dressing 15

ADDITIONS

CHICKEN BREAST 8 SHRIMP 10
6 OZ SALMON 14

QUICK BITES

FIRE-ROASTED SALSA & CHIPS

house fried tortilla chips 7 Add Guacamole 4

GIANT PRETZEL

Sriracha cheese sauce / IPA beer mustard 12

SWEET, SPICY & SALTY ROASTED NUTS

almonds / cashews 7

TRUFFLE FRIES

parmigiano cheese / parsley / ketchup 10

FRIED GREEN BEANS

truffle aioli 11

CRISPY CHICKEN WINGS

house hot sauce / crudité 16

DUNGENESS CRAB & CORN CAKES

corn puree / arugula & tomato salad 20

LOADED TOTS

bacon / cheese sauce / scallions 11

CHICKEN POT STICKERS

chili & sweet soy dipping sauces 16

CHICKEN QUESADILLA

achiote marinated chicken thigh / bell peppers / onions / cheddar-jack cheese / fire roasted salsa / housemade guacamole 14

KOREAN BBQ SHORT RIBS

sweet soy glaze / sesame seeds 18

TOGARASHI SALMON

soba noodles / bok choy / edamame / ponzu au jus 22

DIPS & NAAN

traditional hummus / curry hummus / garlic naan / carrots / celery 16

MARKET LOCAL CHEESE BOARD

fig preserves / honeycomb / roasted nuts / crispy flat bread 18

SAVOR

CRISPY FISH & CHIPS

Pacific cod / tempura batter and panko breading / fries / caramelized onion tartar sauce 16

PESTO PENNE PASTA

cauliflower / baby tomatoes / mushrooms / spinach / kale pesto 18

SALMON

vegetable succotash / butter bean ragu / yellow pepper coulis 30

GRILLED RIB-EYE STEAK

sautéed Brussels sprouts / local seasonal vegetables / marble potatoes / horseradish cream / mushroom jus 40

MARKET STREET TACOS

onion / cilantro / corn tortilla / fire-roasted salsa
CHICKEN 16 / FISH 16

PAN-ROASTED CHICKEN

local seasonal vegetables / olive oil mashed potatoes / lemon thyme au jus 27

GRAIN BOWL (brown rice or red quinoa)

sweet peppers / onions / chickpeas / avocado / fire-roasted salsa / jack cheese 10

ADDITIONS

CHICKEN BREAST 8
SHRIMP 10
6 OZ SALMON 14

WARNING: Certain foods and beverages sold or served here can expose you to chemicals including acrylamide in many fried foods and mercury in fish, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/restaurant.

SPECIALTY COCKTAILS

all specialty made cocktails are made with freshly squeezed juices and house-made simple syrups

THE IRON SPICED MULE tito's vodka/freshly squeezed lime juice/mint & jalapeno syrup/ginger beer	14
CITRUS BOMB handcrafted local bummer & lazarus gin/cointreau/freshly squeezed lemon juice/grapefruit/simple syrup/soda water	15
THE OAK SPIRIT bulleit bourbon/freshly squeezed lemon juice/simple syrup/chardonnay	16
KIWAN'S TROPICAL MARTINI bacardi limon / malibu rum / pineapple & orange juice / grenadine	15
TOMMY'S WATERMELON SMASH Hangar One vodka/simple syrup/smashed watermelon/midori/sierra mist	15
LA BAMBA MARGARITA 1800 Silver tequila/freshly squeezed lime juice/simple syrup/grand marnier	16
LOADED OL' FASHIONED Makers 46/caramel syrup/angostura bitters/orange/Luxardo maraschino cherry/ bacon syrup	16
NATASHA'S VERY BERRY SIDECAR Remy Martin vsop / cointreau / blackberries / freshly squeezed lemon juice / simple syrup	16
I&O INFERNO BLOODY MARY St George's green chili vodka / aji pepper bloody mary mix / bacon salt rim / poached shrimp	18
COMFORT & JOY 1792 bouron/pomegranate juice/rosemary simple syrup/cinnamon stick	15

DRAFT BEER

MODELO ESPECIAL mexico (4.4% ABV)	8
BLUE MOON denver, co (5.4% ABV)	8
ANCHOR STEAM LAGER san francisco (4.9% ABV)	8
ALAMEDA IPA alameda, ca (7.5% ABV)	8

DOMESTIC & IMPORT BOTTLED BEER

BUDWEISER st. louis, mo (4.2% ABV)	6.50
MICHELOB ULTRA st. louis, mo (4.2% ABV)	6.50
BUD LIGHT st. louis, mo (5% ABV)	6.50
COORS LIGHT golden, co (4.2% ABV)	6.50
BLUE MOON denver, co (5.4% ABV)	7.50
SAMUEL ADAMS BOSTON LAGER boston, ma (5% ABV)	7.50
SIERRA NEVADA PALE ALE chico, ca (5.6% ABV)	7.50
RACER 5 IPA healdsburg, ca (7.2% ABV)	7.50
DRAKES 1500 PALE ALE san leandro, ca (5.5% ABV)	7.50
CORONA EXTRA mexico (4.6% ABV)	7.50
DOS XX LAGER mexico (4.2% ABV)	7.50
GUINNES DRAUGHT (14.9 oz can) ireland (4.2% ABV)	7.50
HEINEKEN netherlands (5.4% ABV)	7.50
STELLA ARTOIS belgium (5% ABV)	7.50
CORONA LIGHT mexico (4.1% ABV)	7.50
O'DOULS N/A st. louis, mo (0.5% ABV)	6.50
ACE DRY APPLE CRAFT CIDER sonoma, ca (6.9% ABV)	7.50

WINE BY THE GLASS

SPARKLING

glass of sparkling wine

SEGURA VIUDAS "ARIA" estate brut spain	10
LA MARCA extra dry prosecco italy	14
LA MARCA SPLIT 187 ml extra dry prosecco	16

WHITE & BLUSH

offered in three different size pours

	(3 oz.) taste	(6 oz.) pour	(9 oz.) pour
CHATEAU ST. MICHELLE riesling wa	8	12	17
PIGHIN pinot grigio italy	8	12	17
CASA SMITH "VINO" pinot grigio wa	8	12	17
TUCK BECKSTOFFER "HOGWASH" rosé ca	10	16	23
HESS SHIRTAIL ROSE rosé napa	10	16	23
BRANCOTT sauvignon blanc nz	9	14	21
PROVENANCE sauvignon blanc napa	10	16	23
SPELLBOUND chardonnay ca	8	12	17
TERRA d' ORO chenin blanc ca	8	12	17
CHATEAU ST. JEAN chardonnay sonoma	8	12	17
MEOMI chardonnay santa barbara	10	16	23
SONOMA CUTRER chardonnay russian river	12	18	25

RED

	(3 oz.) taste	(6 oz.) pour	(9 oz.) pour
LA CREMA pinot noir sonoma coast	12	18	25
MOHUA pinot noir nz	9	14	21
CHALK HILL pinot noir sonoma coast	12	18	25
ALAMOS malbec argentina	8	12	17
J LOHR "LOS OSOS" merlot paso robles	9	14	21
CANOE RIDGE "THE EXPEDITION" merlot wa	10	16	23
ROSEMOUNT "DIAMOND LABEL" shiraz au	8	12	17
AVALON cabernet ca	8	12	17
ESTANCIA cabernet paso robles	9	14	21
AQUINAS cabernet napa	10	16	23
COLUMBIA CREST "H3" cabernet wa	9	14	21
HESS "ALLOMI VINEYARD" cabernet napa	13	20	26
GRGICH HILLS zinfandel napa	12	18	25