nspa
DELRAY BEACH MARRIOTT

Nspire… your life

Journey through NSpa to achieve a new level of rejuvenation and well-being. Our soothing spa invites you to embark on a sensory journey of self-awareness and inner peace. Reflecting on the aura and harmony of Atlantic Ocean, NSpa offers the perfect setting for reawakening rituals and unforgettable spa breaks.

Our spa artisans offer guidance and encouragement throughout your journey, giving you the expertise you need to find your radiant self. NSpa features an unparalleled selection of therapies and results-oriented professional products for a personalized approach to wellness, longevity and beauty. Our luxurious spa uses a fusion of science and nature with modern physical techniques to create an experience that will have lasting affects well after you leave our sanctuary.

Your NSpa Experience will heighten your senses and purify your soul.

Njoy… your journey

The NSpa Experience

ℵSpa Signature Body Renewal

This signature ritual begins with a gentle nature inspired exfoliation using a unique scrub enhanced with pure essential oils, completing with an application of body oil and cream and a full body, de-stressing massage. This ritual not only deeply nourishes the skin; it combats fatigue and stimulates circulation. Relaxing, Revitalizing, Restorative. *80 minutes*

ℵSpa Signature Perfect Massage

Since the body constantly changes as well as your treatment needs, we created the perfect massage for you based on what your body requires for healing and restoration. This Perfect massage allows you and your technician to combine a myriad of modalities into one perfect massage created just for you. *80 minutes*

ℵSpa Signature Transformation Facial

This results-oriented facial features a unique combination of Microdermabrasion, Microcurrent and a Natural Glycolic/Lactic Treatment. It helps to smooth dull, lifeless skin while reducing scarring and enlarged pores. Collagen is stimulated, giving the skin a smoother, brighter and more luminous appearance after just one treatment. A series of treatments performed regularly will help produce an extreme transformation typically including a 41% increase in moisture level, 27% increase in tone and 23% reduction in visible lines. *80 minutes*

ℵSpa Signature Manicure and Pedicure

Begin your Luxury Ritual with a deliciously scented, nourishing warm hand or foot bath that deeply conditions and protects the skin against environmental stress. ℵSpa's exquisite Signature manicure and pedicure combine skin softening minerals, pure essential oils, a silicate exfoliation, and a hydrating mask with a rhythmic and relaxing pressure point massage followed by shaping, cuticle attention and final polish. *Approximately 2.25 hours*

The **ℵSpa Signature** Experience

The **Touch** Experience

Swedish Massage

Spa Artisans use light-to-medium pressure during this full body massage, which is designed to relax the mind and body while improving circulation. Select one of our cold pressed oils to hydrate and nourish your skin. *25/50/80 minutes*

Spa Signature Perfect Massage

Our Spa Artisans work with you to create a customized massage based on your body's current needs for healing and restoration. This Signature Perfect Massage allows you and your technician to combine a myriad of modalities into one perfect massage created just for you. *80 minutes*

Blissful Stone Massage

Ground yourself with our blissful stone massage. Relax as muscle tension melts away and your aches and pains are soothed with this heat healing therapy. *50/80 minutes*

De-Stress Massage

This rejuvenating treatment involves specialized and intensive deep tissue techniques to warm, manipulate, and ease fatigued muscles and joints. An effective double layer of gel and oil of rosemary, ginger and black pepper will leave your muscles invigorated. *50/80 minutes*

Warm Oil Scalp Massage

This treatment pays special attention to the often neglected areas of the scalp and hair. This rich, warm oil treatment delivers a healthy dose of vitamins and nutrients to the hair and scalp to rebalance and relieve dry conditions while improving the texture of your hair. *10/25 minutes*

Deep Tissue Massage

Spa's therapeutic medium-to-deep tissue massage helps alleviate discomfort while addressing problematic joint and muscular discomforts. *50/80 minutes*

Mommy-To-Be

Enjoy a nurturing massage for you and your baby. This nurturing treatment relieves many of the normal discomforts experienced during pregnancy, such as backaches, stiff neck, leg cramps, headaches and swelling. Please consult with your physician prior to booking your massage. You must be outside your first trimester to safely receive this treatment. *50 minutes*

Foot Massage

Eastern tradition believes your body is represented on the soles of your feet and the palms of your hands. Pressure points on the feet are manipulated to reduce tension and fatigue creating balance, harmony and energy throughout the entire body. *10/25/50 minutes*

Intentional Massage Treatments

Tidal Massage

Are you feeling energetically blocked and in need of enlightenment? Like waves in the ocean…Sansára, Sanskrit for "continuous flow," signifies the continuous flow of consciousness and life. *50 minutes/80 minutes includes Shirodara*

Consciousness Therapy

Are you feeling foggy and in need of clarity? Shirodara Sanskrit for "crown of the head" is an inviting treatment with deep significance in Ayurveda. It is considered the gateway of enlightenment and full awareness. The flowing oil of the Shirodhara quiets the mind caressing the scalp in a blanket of warmth. *50 minutes*

Morning Star Treatment

Do you feel tension and a need to escape? Our mind creates our direction; our hands move our environment and our feet carry us to our desired destination. This focused treatment brings nourishment and replenishment through the use of medicinal oils with our Tisrah balancing bowl and hot stone therapy. 50 minutes

Ayurveda Add-Ons

- Ritual Foot Bath Choose from Lemon-Juniper, Lavender-Chamomile or Rose-Geranium. *15 minutes*
- Shirodara with Scalp Massage *25 minutes*
- Ayurveda Aromatherapy Oils
- Dosha Specific Oils Dosha Quiz included. *(non-scented)*
- Ritual Foot Bath with Balancing Bowl Foot Massage *25/50 minutes*

The **Skin Care** Experience

ηSpa takes skin care seriously, utilizing nature-inspired products and the latest technologies to help restore your skin's natural beauty. Our Spa Artisans will guide you through our treatment options to choose the services that meet the unique needs of your skin. From our Organic Facial to our various anti-aging treatments and microdermabrasion, our professional skin care services are designed to leave you looking nourished, revived and glowing.

Custom Facial

This treatment is designed to promote the general health and appearance by calming irritation and replenishing the skin with Vitamins C, A, Stem Cells & Botanicals. Added Peptides also increase hydration, reduce wrinkles and firm your skin. This treatment is customized to your unique needs and is effective for all skin types as well as a variety of skin conditions including acne, rosacea, eczema, and psoriasis. *50 minutes*

Sea of Life Facial

Infuse your skin with a unique selection of repairing ingredients formulated with antioxidants, organic seaweed extracts, Vitamin C and Hyaluronic Acid. This facial will help oxygenate your skin, improve cellular function, refine pores and heal sun damage. White algae, white wine and white tea are blended with marine based anti-aging serums to visibly brighten your skin tone and help reduce pigmentation. This calcium rich treatment also soothes and deeply hydrates your skin. *Includes Ocean Eye Treatment. 50 minutes*

Advanced Age Defying Facial

This dynamic treatment resurfaces dead skin cells to open pathways for the nourishing benefits of the latest skin growth factor technology. These powerful and natural skin nourishing proteins restore depleted, damaged cells to reveal a more youthful complexion. Collagen is stimulated, fine lines and wrinkles are filled out to give a smoother appearance as skin tissue becomes instantly firmer and more toned. *Includes a Glycolic Peel. 50 minutes*

Oxygen Glow Facial

Breathe new life into your skin. This topical oxygen treatment is not only a delightful sensory experience but it also stimulates cellular response to help diminish the visible signs of aging. The end result is clear and luminous, firm feeling skin. This amazing facial is perfect for all skin types and is specifically effective with major skincare concerns such as Acne, Rosacea and Hyperpigmentation. It is also a beautiful treatment for those who would like that instant "Glow" and is a perfect accessory just before that special event. This treatment is partnered with an enzyme peel for obtaining a radiance that will turn heads. *50 minutes*

Rose Infinity Facial

This luxurious, regenerating and illuminating facial creates a fusion of science and nature by using the latest rose botanicals and anti-aging technologies. It also includes Microdermabrasion that works on a cellular level to help support skin's natural ability to repair and support the skin's regenerative process. Helps maintain healthy levels of collagen and moisture retention in the deeper layers of the skin which is increased through the controlled release of hyaluronic acid. *80 minutes*

ηSpa Signature Transformation Facial

This results-oriented facial features a unique combination of Microdermabrasion, Microcurrent and a Natural Glycolic/Lactic Treatment. It helps to smooth dull, lifeless skin while reducing scarring and enlarged pores. Collagen is stimulated, giving the skin a smoother, brighter and more luminous appearance after just one treatment. A series of treatments performed regularly will help produce an extreme transformation typically including a 41% increase in moisture level, 27% increase in tone and 23% reduction in visible lines. *80 minutes*

Dermal Rejuvenation Treatments

Designed for mature skin, this specialized peel takes advantage of the skin's natural repair mechanism. This no down time treatment gives an immediate boost to the look and feel of the skin and it continues to repair your skin for 28 days! *30/50 minutes*

When performed on a regular schedule with supporting home care products, you will see a significant reduction in the appearance of:

- Age and liver spots
- Fine lines and wrinkles
- Freckles
- Irregular Pigmentation
- Sun-damaged skin
- Rough skin and scaly patches
- Scars

Facial Enhancements

Resurfacing Peel
Microdermabrasion Add-On
Warm Argan Oil Scalp Massage
Eye Treatment
Microcurrent Add-On

The **Body Renewal** Experience

Refresh Your Senses with our Relaxing Body Treatments. ℵSpa's pure and natural body treatments are designed to cleanse, exfoliate, hydrate, and detoxify your body while nourishing your skin. Choose from several signature body treatments, each using the finest organic, botanical ingredients. If you've only ever tried massage, ℵSpa's restorative body treatments are a wonderful way to expand your spa experience.

ℵSpa Signature Body Renewal

This 80-minute signature ritual begins with a gentle nature-inspired exfoliation using a unique scrub enhanced with pure essential oils, and finishes with an application of essential oils and cream, and a full body, relaxing massage. This ritual not only deeply nourishes the skin, it also combats fatigue and stimulates circulation. *80 minutes*

Sea of Dreams

Indulge in a luxurious, skin-softening ocean odyssey. This organic algae based treatment prevents the breakdown of hyaluronic acid in the body, which is necessary to keep skin smooth and firm. First, a stimulating full-body algae polish removes dry skin and revs up the circulation, followed by a bio-active algae body mask and wrap that tones and firms your skin. This aquatic journey is concluded with a full body application of algae oil with massage. *80 minutes*

Sun Undone

Designed for full body cooling, this soothing wrap features mineral rich organic algae and aloe vera along with green tea extracts and other anti-oxidants to reduce redness and irritation while healing sun-damaged skin. *50 minutes*

Organic Salt Scrub & Body Polish

This blend of the purest salts from the four corners of the earth contains 84 trace minerals and gets its unique pink color from the rich ores they contain. The ingredients in these salts firm and nourish the skin, enticing it to soak up nutrients and look more youthful. *20 minute Body Polish/50 minute Body Scrub with Argan Oil Application*

The Express Manicure & Pedicure

Just the basics for those whose time is limited, this quick clean up and polish is just what you need. Express Manicure *25 minutes* / Express Pedicure *25 minutes*

The Classic Manicure & Pedicure

Select your scent and begin your journey. Your selected essence highlights your footbath salts and lotion, while Shea butter provides intense hydration, creating a soothing experience that leaves your fingers and toes looking and feeling fabulous. Nails and cuticles are trimmed and shaped. A final application of polish completes the service. Classic Manicure *40 minutes* / Classic Pedicure *50 minutes*

Signature Manicure & Pedicure

ℵSpa's exquisite Signature manicure and pedicure combine skin softening minerals, pure essential oils, a silicate exfoliation, and a hydrating mask with a rhythmic and relaxing pressure point massage. Signature Manicure *60 minutes* / Signature Pedicure *80 minutes*

Earth & Sea Manicure and Pedicure

This nourishing, rejuvenating treatment includes a seaweed soak and foot scrub. Followed by an organic algae treatment for cuticles, a white algae hand and foot mask with exfoliation to reduce hyper-pigmentation and concludes with an anti-aging body balm massage to soften rough, callused hands and feet. May also be completed with an application of polish. Manicure *45 minutes* / Pedicure *55 minutes*

Nail Service Enhancements

These enhancements are available to add as upgrades to your services.

Polish Change
French Finish
Intensive Callus Treatment
Glycolic Treatment
Gel-Color

The **Salon** Experience

The **Salon** Experience

Depilatory Services

Eyebrow Design
Lip and Chin
Modified Brazilian
Brazilian
Full Face *(excludes brow)*
Underarm
Upper or Lower Arm
Full Arm
Bikini
Lower Leg
Upper Leg *(with Bikini)*
Full Leg
Full Leg *(with Bikini)*
Full Back or Chest

Makeup

Special Occasion Makeup
45 minutes
Special Occasion (*Airbrush application)*
45 minutes
Makeup Lesson
90 minutes
Wedding Day Makeup*
(*Regular foundation)*
Wedding Day Makeup*
(*Airbrush application)*

Tanning Services

Sun Kissed Spray Tan
15 - 30 minutes

Hair Design & Styling

Men's Haircut
Women's Haircut and Style
Shampoo and Style
Prince/Princess Cut
Iron Work
Single Process Color
Curls
Loving Lengths Invisible Extensions
(*Complimentary Consultations)*
Partial Highlight or Lowlight
(Up to 20 Foils)
Full Highlight or Lowlight
(20 to 50 Foils)
Corrective Color
Glossing and Conditioning Treatments
Glamour Style
Princess Style
Express Keratin Treatment
(Lasts 4 to 6 weeks)
Full Keratin Treatment
(Lasts 3 to 5 months)
Moroccan Oil Deep Conditioning Treatment
Bridal Hair Styling*
Bridal Trial*

**In addition to our professional wedding hair and make-up services, our Spa Coordinators are happy to plan the perfect day of pampering for your wedding party, including special packages for bridesmaids, groomsmen and your actual wedding day preparations. Please contact the spa for details.*

ℵSpa Sampler Package

This Petite Package offers a healthy sample of favorites from our Spa menu.

Select four of your favorite *25-minute* services, such as: Express Massage, Express Facial, Warm Oil Scalp Massage, Foot Massage, Express Manicure and/or Express Pedicure.
100 minutes

The Essence of ℵSpa Package

ℵJoy your favorite spa and your favorite services with this half day of relaxation.

50 Minute Custom Facial,
50 Minute Swedish Massage,
Classic Manicure and Pedicure.
Spa lunch included. 3.5 hours

ℵSpa Signature Ritual

The gift of renewal, tranquility, and the luster of pure Luxury. Enjoy the combination of our ℵSpa Signature Services.

Signature Body Renewal, Signature Facial, Signature Manicure and Pedicure.
Spa Lunch included. 5 hours

ℵSpa Ocean Odyssey

Slow your mind and body while connecting with four precious elements: Ocean, Sun, Earth and Atmosphere.

This journey begins with our mineral rich, *20 minute* Organic Salt Scrub & Body Polish followed by a *30 Minute* Swedish Massage, *10 Minute* Scalp Massage and *10 Minute* Foot Massage. Then you will receive our *50 Minute* Sea of Life Facial and end this deep sea ritual with our grounding Earth and Sea Manicure and Pedicure. *Spa lunch included. 4.5 hours*

Create Your Own Ritual

Recieve a 15% discount by creating your own package of three or more 50 or 80 minute services. Services must be enjoyed by the same guest on the same day. Additional charges apply for Spa lunch.

Ritual Enhancements

These enhancements are available to add as upgrades to your services.

Hair Blow Out
Makeup Application
Spa Lunch
Prices based on menu selections.

The **Ritual** Experience

Spa Etiquette

Reservations In order to have the most program choices and options, we encourage you to schedule your appointments in advance. Although it is possible to walk-in and schedule an appointment, availability becomes limited and in many cases we are fully committed with other guests. A credit card or verified room number is required to hold a scheduled appointment.

Cell Phones We are here to promote a calm and relaxing environment. We prefer that you leave phones, smart phones, iPads and pagers at home or in your room. If you must bring them with you, please turn them off before entering the spa.

Punctuality Arrive at least 30 minutes early so you can enjoy an unhurried transition into the spa. Arriving late for your service will limit the time of your service, thus lessening it's effectiveness and your pleasure. Your treatment will end at the scheduled time to accommodate the next guest's scheduled appointment. After a treatment, it's customary to vacate the room within a few minutes, though you are welcome to spend additional time unwinding in the spa's relaxation lounge.

Cancellations Cancellations must be made 24 hours prior to appointment and a 48 hour notice is required for all Packages and Group Bookings. Appointments canceled after those times will be billed at 50% of the Service Price. No-show appointments will be billed 100% of the service price. If you choose to hold the service with your room number then the cancellation/no-show charges will be billed to your room.

Gratuity An 18% Service Charge will be added to your final bill upon check-out. The service charge also goes directly to the provider who performed your services. Additional gratuities for superior service are always appreciated.

Sustainability As part of our Eco-Awareness efforts, we strive to conserve. Being respectful of your environment is part of the spa experience. Using only the number of towels necessary during your stay helps us to maintain our goal.

Medical Conditions If you have any type of medical condition, be sure to mention it to your therapist. Certain treatments may not be advisable for you.

Valuables In order to avoid all worries and stress, leave all jewelry and valuables at home or in your room safe. We are not responsible for any lost or stolen items.

Food and Drink It is advisable not to eat for at least an hour before a treatment. Please avoid the consumption of alcohol on the day of a treatment. Drink plenty of water before and after your services.

Children A spa is a great place to get a little alone time. Our spa facilities are limited to children ages 18 and over without adult supervision. Ages 16 and 17 must be accompanied by an adult. Hair & Nail Salon services are available for youth of all ages when accompanied by an adult.

Gift Cards To order a customized spa gift card, please call 561/278-8111 or Visit Spas.com. Gift Certificates are non-refundable and are valued at the dollar amount originally paid at the time of purchase.

Groups, Brides and Spa Events It is our pleasure to host a private spa event. Please call the Spa Bridal & Event Coordinators for details. 561/278-8111

10 North Ocean Boulevard • Delray Beach, Florida 33483 • 561.278.8111 •

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MARRIOTT
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