

**The Spa at Camelback Inn invites you to simply relax and enjoy the moments of balance and tranquility offered in our quiet haven. Take time to discover the magic of the Sonoran Desert while connecting with your inner self. Enjoy the simple pleasures of complete rejuvenation and relaxation.**

**WELCOME TO  
THE SPA AT CAMELBACK INN**



## **Spa Hours**

**6:15 a.m. – 7:30 p.m. Daily**

## **DAILY SPA GUEST MEMBERSHIP**

- The daily fee for a Camelback Inn guest is \$35
- For Camelback Inn guests receiving any 30-minute Spa or Salon service, the daily guest membership fee is waived.
- Non-Camelback Inn guests may access the spa with the purchase of a one-hour spa service, excluding the Salon and Cabanas.

*Daily guest membership includes unlimited use of whirlpool, cold plunge (Men's Spa), Turkish steam bath, solariums, Finnish saunas, Swiss shower (Men's Spa), relaxation lounges, private lockers, Spa wardrobe (bathrobes and slippers), heated outdoor lap pool, spa amenities, all exercise classes and fitness room.*

## **AGE REQUIREMENT**

The Spa is an adult-oriented atmosphere for ladies and gentlemen over 18 years of age.

## **CELL PHONES AND TOBACCO**

To preserve our tranquil setting, cell phones and tobacco are prohibited.

## **SPA RESERVATIONS/CANCELLATIONS:**

**480-596-7040/1-800-922-2635**

A 24-hour cancellation notice is required to avoid full-price charge for services booked.

A credit card is required to guarantee services at the time of booking.

## **RESERVATION HOURS:**

**Monday – Saturday 9 a.m. – 5 p.m.**

**Online Booking 24 Hours**

**WWW.CAMELBACKSPARESRESERVATIONS.COM**

Reservations are subject to availability. Spa treatment pricing is based on seasonality, day of week and demand. To make your spa experience as seamless as possible, a 20% service charge will be added to your treatment price at check in. Service providers and spa staff who assisted you during your visit will receive gratuities through the 20% service charge.

## **GIFT CARDS**

You may purchase gift cards from the Spa front desk. 480-596-7040 or 1-800-922-2635

## HOW TO SPA

### WHAT TO EXPECT

When you arrive at the Spa, you'll find that the gym, fitness classes, pool and Sprouts restaurant are co-ed, while the treatment rooms, baths, saunas and locker rooms are not. We will provide you with a locker for your belongings and give you a tour of the facility. To preserve our tranquil setting, cell phones and tobacco are prohibited. During your treatment, give yourself up to the experience. Don't feel obligated to make conversation with your therapist. However, do communicate any discomfort, special needs or questions.

### HOW EARLY SHOULD I ARRIVE?

To enjoy the full value of your Spa experience, we suggest you arrive a minimum of 30 minutes prior to your first appointment to allow us time to familiarize you with our facility. To begin your relaxation, we also recommend use of our showers, steam rooms and saunas before your services. Please avoid arriving late - your treatment will end on time so that our next guest isn't delayed, regardless of how late you start.

### WHAT SHOULD I WEAR?

We will provide you with a robe and slippers, which you can wear throughout the entire Spa. You will need to bring your own bathing suit and athletic shoes for the use of our facilities. Please don't wear your jewelry or watch.

### SPROUTS

Sprouts is a nationally-acclaimed spa restaurant that has been featured on the Food Network. Serving a variety of globally-inspired dishes with an emphasis on natural, fresh and seasonal ingredients. Relax your body, mind and spirit with one of our handcrafted organic cocktails while overlooking our tranquil spa pool. Open for breakfast and lunch. Hours of operations vary seasonally.

## SPA PACKAGES

A Spa package from the Camelback Inn is the perfect gift of luxury and pampering for any occasion.

### CAMELBACK DAY PACKAGE

Enjoy a one-hour Swedish massage, a one-hour facial and your choice of two of the following: manicure, pedicure, or shampoo and style. *3 1/2 hours — \$400*

### ESSENTIAL PACKAGE

A one-hour Swedish massage and a one-hour facial. *2 hours — \$315*

### SOOTHER PACKAGE

A one-hour Swedish massage and a Desert Rain Loofah treatment. *1 1/2 hours — \$240*

### MEN'S ZONE

A Desert Nectar Honey Wrap and one-hour Therapeutic Massage. *2 hours — \$315*

## PRIVATE CABANAS

For guests seeking a relaxing retreat from the desert sun, our private cabanas are available for daily rental from 7 a.m. to 7 p.m. Our cabanas are equipped with a ceiling fan, refrigerator, comfy chairs, ottomans and chaise lounges. Complimentary amenities include: bottled water, fresh fruit, and iced aromatherapy towels.

### CABANA PACKAGE

*Mon - Thurs \$150*

*Fri - Sun \$175*

Maximum 2 people per cabana.

*\*For Camelback Inn Resort guests, pricing includes the daily Spa membership fee for those guests using the cabana. For non-Camelback Inn Resort guests, pricing is in addition to the cost of a one-hour spa treatment for each guest in the cabana.*

## **FACIALS**

### **CAMELBACK SIGNATURE FACIAL**

A refreshing blend of grapefruit, mandarin orange, cranberry and pomegranate make this the ultimate aromatherapy experience. Exfoliation is delivered by way of botanical enzymes that gently digest dead skin cells and impurities as it moisturizes and tightens. Active antioxidants soothe and protect the skin against environmental toxins. Relaxation is further enhanced by a gentle hot stone hand and foot massage. *60 min. — \$175*

*Saturday-Sunday - \$185*

### **TRANSFORMATION GLYCOLIC PEEL**

Highly recommended by dermatologists for its remarkable skin renewal benefits, a glycolic peel is ideal for the treatment of fine wrinkles, areas of dryness, uneven pigmentation, control of acne and to improve the texture of sun-damaged skin. Combat the signs of aging and see immediate results with this deep, intensive skin treatment focusing on the resurfacing and renewing of the epidermis of the face, neck, chest, forearms and hands. Your facial will also be enhanced with a Rejuvenating Eye Treatment – designed to refresh, smooth, hydrate and de-puff eye area along with a Vitamin C Renewal Treatment for your lips. A series of treatments will provide best results. *60 min. — \$185*

*Saturday-Sunday - \$195*

*48 hrs. BEFORE and AFTER a Glycolic Peel you should not use any glycolic products, apply any Retin A or other topical acne treatments, shave or wax areas to be peeled. Clients taking Accutane, or who have taken Accutane within the last 6 months, should not receive any exfoliating treatments. As with any exfoliation or resurfacing, it is important to use sunscreens, because the skin is more susceptible to injury by the sun.*

## **FACIALS**

### **DR. PERRICONE ANTI-AGING FACIAL**

The patented Alpha Lipoic acid formulations used in this facial are clinically proven to improve skin tone and minimize the signs of aging. This facial is now enhanced with micro-current for the most immediate anti aging results. After the skin is hydrated, cool beauty globes are used to tone and firm the skin. You will be relaxed by a gentle massage to the shoulders, arms & hands.

*60 min. — \$185*

*Saturday-Sunday - \$195*

### **SAVING FACE HYDRATING FACIAL**

This facial provides a multi-level, customized approach to a healthier complexion. An enzyme masque exfoliates, relieves congestion and clarifies. Skin is infused with antioxidants and other essential nutrients then layered with a soothing alginate masque to dramatically increase moisture. This facial is enhanced with a luxurious head, neck and shoulder massage as well as a moisturizing hand treatment.

*60 min. — \$185*

*Saturday-Sunday - \$195*

### **SONORAN ROSE FACIAL**

The rich, aromatic essence of rose relaxes, soothes and softens the skin. An application of glycolic acid removes surface build-up of dry skin on the face to allow deep pore cleansing. Hands and feet are massaged with rose infused oil, leaving you feeling fresh and radiant. The internationally patented skin care line contains stabilized oxygen in creams enriched with Vitamins A and E which are excellent free-radical scavengers. *60 min. — \$175*

*Saturday-Sunday - \$185*

## BODY TREATMENTS

### CAMELBACK SIGNATURE BODY WRAP

Experience a head-to-toe Vitamin C treatment for the skin. The body is polished and hydrated with the Spa's signature scrub. A citrus conditioner is massaged into the hair and scalp. The body is moisturized with a fresh aromatic oil. A plumping lip treatment and moisturizing sunscreen complete this treatment.

**60 min. — \$185**

**Saturday-Sunday - \$195**

### DESERT RAIN LOOFAH

This deep cleansing treatment exfoliates and softens the skin, while improving circulation. The body is rubbed with sea salt and almond oil and a loofah mitt and body gel with desert botanicals cleans and smoothes the skin. This is followed by a gentle vichy shower and a moisturizer with a blend of desert essential oils. This service will leave your skin glowing.

**30 min. — \$100**

**Saturday-Sunday - \$110**

*\*Do not shave or wax 24-hours before treatment, or choose this service if allergic to iodine or shellfish.*

### NATURAL AGAVE TONING WRAP

Your treatment begins with a full-body exfoliation using a soothing tonic of fine grain sea salt scrub containing Vitamin E and refreshingly crisp Alfalfa Leaf to smooth the skin's surface. An application of Prickly Pear cactus gel with extracts of Ginger root, Paprika and Carrageenan promotes circulation, bringing a healthy, vibrant glow to the skin and improving the skin's elasticity. Therapist gently releases facial pressure points and delivers a full scalp massage. Your body is then drenched with Agave Nectar oil, a lightweight, yet powerful anti-aging oil infused with Agave plant extracts, Sandalwood, Barley and Amurens Bark that will boost the skin's moisture content giving the skin a more hydrated, plumper and less wrinkled appearance. **60 min — \$185**

**Saturday-Sunday - \$195**

*\*Do not shave or wax 24-hours before treatment, or choose this service if allergic to iodine or shellfish.*

## BODY TREATMENTS

### DESERT NECTAR HONEY WRAP

The skin is drenched with pure Arizona honey, buttermilk and oats. A fragrant conditioner is massaged into the hair, and the body is rinsed and treated with a rich hydrating cream. The face is gently cleansed with a state of the art Foreo facial brush. Natural orange blossom water, sweet lavender oil and a light hydrating mask leaves the face baby soft.

*60 min. — \$175*

*Saturday-Sunday - \$185*

### BINDI HERBAL BODY TREATMENT

Using a blend of herbs and oils from India, this Ayurvedic treatment brings the body into balance by providing nourishment to the skin, relaxation and peace to the mind and soul. The body is gently exfoliated, and warm oil is applied. Together these techniques improve circulation, releasing energy blockages and transporting you to a new level of relaxation.

*60 min. — \$175*

*Saturday-Sunday - \$185*

*\*Not recommended during pregnancy*

### ADOBE CLAY PURIFICATION WRAP

This Native American healing treatment exfoliates, nourishes and detoxifies. An aromatic conditioner is massaged into the hair, and adobe clay is applied to the body to relax muscles and draw out impurities. Southwestern inspired soap and a cactus fiber cloth are used during a shower to remove the clay, followed by an application of warmed juniper and sage oils. Relaxation in the sauna completes this purifying ritual. *60 min. — \$185*

*Saturday-Sunday - \$195*

*\*Not recommended during pregnancy*

*\*Do not choose this service if allergic to iodine or shellfish*



## MASSAGE

### CAMELBACK SIGNATURE MASSAGE TREATMENT

This treatment combines aromatherapy, hot and cold stone massage, reflexology, and the detoxifying benefits of castor oil. Warm juniper sage oil is massaged into the neck and shoulders while semi-precious stones are placed on the Chakras for a restorative effect. Gentle pressure is applied to the reflex points on the feet to dissolve stress. A scalp massage follows and cold stones massage facial contours for lymphatic drainage.

**60 min. - \$190**

**Saturday-Sunday - \$200**

*\*This treatment is done entirely face up. Not recommended during pregnancy or if sunburned.*

### SWEDISH BODY MASSAGE

Muscles are gently massaged with oils to improve circulation and flexibility, ease muscle aches and tension, and create relaxation.

**60 min. - \$170**

**Saturday-Sunday - \$180**

*\*Maternity massage available upon completion of first trimester.*

**60 min. - \$170**

**Saturday – Sunday - \$180**

### THERAPEUTIC MASSAGE

A deep tissue massage for detailed work on specific muscle groups. **60 min. - \$190**

**Saturday-Sunday - \$200**

### AROMATHERAPY MASSAGE

Pure essential oils are added to this Swedish massage to provide a calming, energizing or cleansing effect. **60 min. - \$180**

**Saturday-Sunday - \$190**

## **MASSAGE**

### **TABLE THAI MASSAGE**

An interactive massage that combines yoga with rhythmic compressions to regenerate circulation and energy. This massage increases flexibility, as muscles are gently pulled, kneaded and stretched. This will leave you relaxed and spirited. *60 min. - \$190*

*Saturday-Sunday - \$200*

*\*Wear comfortable clothing. Some flexibility is required. Due to the strenuous nature of this service, you will be assigned a therapist of the same gender.*

### **SHIATSU**

Acupressure applies pressure to specific points of the body to unblock "meridians", relieve fatigue and stimulate the body's natural self-curative abilities. *60 min. - \$190*

*Saturday-Sunday - \$200*

### **NATIVE HOT STONE MASSAGE**

This spa ritual is inspired by the native American use of heated basalt stones to promote relaxation in the body. The massage dissolves muscle tension as healing warmth penetrates the body for an incredibly relaxing experience. *60 min. - \$180*

*Saturday-Sunday - \$190*

*\*Not recommended during pregnancy or if sunburned.*

### **RESTORATIVE ORGANIC MASSAGE**

This hypnotic restoration ritual begins with a citrus inhalation and vigorous scalp massage to restore mental clarity and is followed by a steaming hot towel massage and foot treatment. Feel tension-bound muscles become unraveled in this deeply relaxing treatment. *60 min. - \$190*

*Saturday-Sunday - \$200*

## SALON SERVICES

### HAIR SERVICES

#### SONORAN SCALP & MASSAGE TREATMENT

A combination of jojoba oil, deep conditioner and essential oils are used to stimulate the scalp and nourish the hair. The hair treatment is then followed by a deeply relaxing shoulder and neck massage. *20 min. — \$50*

Shampoo and Style . . . . .	\$50
Haircut Only.. . . .	\$50
Haircut and Style . . . . .	\$75
Deep Conditioning (with heat) . . . . .	\$25
Special Occasion . . . . .	\$60
Consultation . . . . .	\$15
*Full Weave (entire head) . . . . .	\$125
*Full Weave (long hair) . . . . .	\$140
*T Weave (partial head) . . . . .	\$100
*Color . . . . .	\$95

*\*Charges vary depending on hair length due to increased service time.*

### NAIL SERVICES

#### DOUBLE HAPPINESS MANICURE & PEDICURE

The ultimate luxury experience with invigorating peppermint and rejuvenating ingredients. The treatment begins with a "facial" for the hands and feet, a revitalizing massage and gentle skin resurfacing that leaves hands and feet silky smooth and renewed. *75 min. — \$140*

Manicure (25 min.) . . . . .	\$30
Camelback Signature Manicure . . . . .	\$36
French Manicure . . . . .	\$36
Nail Repair . . . . .	\$12
Pedicure (50 min.) . . . . .	\$70
Camelback Signature Pedicure . . . . .	\$85
French Pedicure . . . . .	\$76
Polish Change for Feet . . . . .	\$35

## **FITNESS SERVICES**

### **PERSONAL TRAINING**

Designed for the individual who is working with a personal trainer and would like to continue their workout while at the Spa.

*1 session (60 min.) — \$75*

*Saturday-Sunday - \$85*

### **PILATES**

A safe and effective whole body workout using the Pilates Reformer. This method develops a strong core and helps to create postural awareness. Appropriate for any age, body type or fitness level.

*1 session (60 min.) — \$85*

*Saturday-Sunday - \$95*

### **ASSISTED STRETCHING**

Loosen up before a round of golf or after a hard workout! Designed to enhance your stretching experience and increase your range of motion. *30 min. — \$50*

*Saturday-Sunday - \$60*

*\*Please arrive warmed up.*

## ONE ON ONE FITNESS

Let our fitness specialists guide you through programs for your specific interests. Each workout includes a take-home packet of related exercises. *60 min.* — \$85

*Saturday-Sunday - \$95*

## TRAVELER'S WORKOUT

Designed for the frequent traveler, this program will teach you how to execute a full strength-training workout in your hotel room with minimal equipment. Special attention is placed on road-weary muscles.

## STRETCHING

Are your muscles tight from working out or sitting at the computer all day? Learn proper technique and a whole-body stretching routine.

## CORE CONDITIONING

Exercises designed to improve the strength and flexibility of your CORE (abdominals and lower back muscles). Prescribed exercises will include the use of therapy balls and other basic fitness equipment, which will help to improve lower back flexibility and overall core strength.

## FITNESS CLASSES

Please refer to our current exercise class schedule. We feature a variety of classes including Yoga and Meditation, as well as our popular morning Powerwalk. Seasonal classes may vary.

**THE SPA AT CAMELBACK INN.  
WHERE TIME STANDS STILL.**



**5402 E. Lincoln Dr. • Scottsdale, Arizona 85253  
480-596-7040 • 1-800-922-2635**