



YOUR PATH TO RELAXATION



WATER RITUAL

Through the integration of healing traditions from the ancestral Huichol culture, Ohtli Spa specializes in a balanced and authentic wellness experience.

The experience begins with a complete Water Ritual, that will help enhance your massage or treatment by purifying your body with our dry sauna and eucalyptus steam room, refreshing your skin with our Swiss or pressure showers and relaxing your muscles in our whirlpools, foot bath and hot and cold plunges.

To continue along your wellness path, we have designed a variety of unique spa experiences.





SIGNATURE EXPERIENCES

Vow Renewal Ritual (2 hrs. 50 min. per couple)

Beginning with a foot rinse in warm water and flower petals, a cleansing aromatic session in the steam room prepares your body for a sea salt and essence scrub to remove dead cells and awaken the skin. Relax your body, unwind your mind with a side-by-side massage using warm obsidian stones. The ritual ends with the joining together of the couple's hands using a red ribbon, signifying infinite and universal love. A carved double heart made of obsidian stone will preserve this moment forever. Continue enjoying this moment together in the couples' Jacuzzi with flower petals and essential oils.

Rebirth Therapy (50 min.)

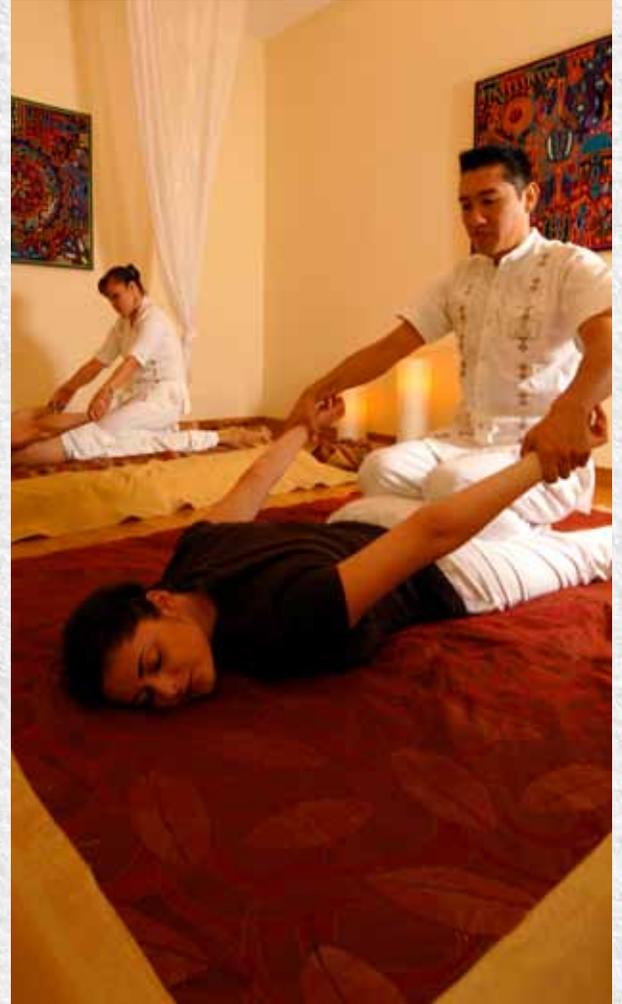
The essence of this therapy is the healing power of water. Performed in a pool of warm water, this experience is focused on meditation and relaxation. Your therapist will guide you through a series of rhythmic movements that relax your mind, muscle tissue and joints, allowing you to gradually drift into a meditative state. With regular treatments, you will experience increased flexibility and a strengthened immune system.

Fire Opal Balancing Stone Therapy (80 min.)

The dramatic Mexican Fire Opal is said to stimulate circulation and provide energy during stressful times. This session begins with a traditional Huichol ensalmo (incantation) for peace. The therapist then cleanses your body and spirit, through the placement of healing fire opals. As the opals transfer their positive energy through your body, the therapist uses smooth, warm basalt stones to provide a deeply relaxing massage. The combination of therapies and sensations will clear the mind and relax the body at once.

Thai Massage (80 min.)

Thai massage is an ancient therapeutic procedure that provides relaxation, balance in various body centers, healthy blood circulation, and an overall manipulation of the physical form and structure of the body. Thai massage works pressure points, energy lines, and basic body forces which together produce a highly therapeutic effect.





MASSAGE EXPERIENCES

Therapeutic. Massage (80 min.)

One of our most popular treatments, this personalized therapy incorporates several different massage techniques: swedish, reflexology, stretching, deep tissue and acupressure massage, providing a total wellness experience for your body & soul.

Swedish Massage (50 min. / 80 min.)

Using a traditional Swedish massage technique, this full body treatment incorporates massage oils infused with citric essential oils, selected from uplifting local fruits such as grapefruit, orange, tangerine and lemon.

Deep Tissue Massage (50 min. / 80 min.)

Deeply penetrating tissue work massages away stiff, sore and tired muscles. The rosemary oil stimulates circulation and the peppermint soothes and cools muscle tissue.

Back & Shoulder Massage (25 min. / 50 min.)

This massage focuses on neck, shoulders, upper and lower back where most of the people carry stress and tension. Combining deep and relaxation massage techniques you will achieve maximum benefits in a minimum amount of time.

Softness and Relaxation

This treatment combines a sugar-kiwi scrub with anti-stress massage.

Reflexology (25 min. / 50 min.)

An application of pressure point massage, this ancient healing technique applies pressure to the reflexes on the soles of the feet to release tension and fatigue, improving the body's physical balance.

Tired Legs Massage (25 min. / 50 min.)

An application of pressure point massage, this ancient healing technique applies pressure to the reflexes on the soles of the feet to release tension and fatigue and improve the body's physical balance.

Scalp Massage (25 min. / 50 min.)

This head massage is designed to relax the mind and encourage circulation. Many times, tension is felt within the head and neck, so scalp massages can be very effective as a stress reducer. Warm oil is massaged throughout the scalp, working to relax tight muscles in the temple and neck regions.

Soft Shiatsu (50 min.)

Immerse your senses into a journey of ancient Japanese acupressure techniques which through energy balancing will revitalize and enhance your overall wellbeing.





BODY TREATMENTS



Blue Agave Syrup & Sea Salt Body Scrub (25 min.)

Gentle exfoliation with some of nature's most plentiful and powerful resources helps smooth the body and leave behind fresh radiant skin. The coarse sea salt removes dead skin cells while the agave syrup and light coconut oil base seals in moisture and soothes the skin.

Honey Hibiscus Cocoon (50 min.)

A super hydrating and fragrant body masque, this therapy wraps your body in a sweet and warm cocoon of honey hibiscus infused moisturizing cream. A cocoon of warm blankets allows pores to open and absorb maximum hydration.

Hydrating Tequila Coconut (50 min.)

This treatment offers a perfect merge of a national first-class product and a local tropical element. This magnificent combination of tequila and coconut will restore the hydration of the skin, preparing it for a better tan.

Aromatic/Anti-cellulite Wrap (60 min.)

The ideal combination of essential oils with a draining or firming massage restores the flexibility of tissues and improves their appearance. A plastifying mask is applied to enhance the benefits, finishing with a specific contouring body cream.

Aloe Vera Treatment (50 min.)

This soothing combination of aloe wraps and scalp and face massage will restore elasticity and moisture, while leaving you completely refreshed, with skin feeling surprisingly silky.

Pineapple - Mango Firming (50 min.)

Essences of pineapple and mango combine to create a tightening and toning oil blend. Combined with our specialized firming massage of gentle kneading and acupressure; this therapy will soften muscle tissue while creating a fresh toned skin appearance.



FACIAL TREATMENT EXPERIENCES

Liftosome "Instant Beauty" (60 min.)

A natural method to restore skin elasticity and reaffirm features, this treatment incorporates a thermal mask made of orange extract and vitamin C to mold the features and shape the contours of the face, regenerating new elastic tissue. At the end of the treatment, the beauty therapist removes the mask to reveal a remarkably younger face.

Hydradermie Double Ionization (50 min.)

This customized facial was created to lift features through muscle stimulation. The draining effect detoxifies skin, lifts the epidermis and oxygenates the complexion. A variety of gels that work through ionization and are designed for every skin type are applied and the treatment is finished with a facial massage and skin-specific cream.



Aromatic Facial (60 min.)

This facial treatment takes you on a wonderful voyage to serene beauty. A gentle facial is enhanced by pressure point techniques with essential oils suited to your skin type. A customized mask with plant concentrates targets to your beauty objectives. Your skin will be visibly more beautiful, as it's replenished with the vital energy of essential oils.

Organic Avocado Facial (50 min.)

An avocado facial is a natural and chemical-free way to nourish your skin. If you are looking for natural home remedies to rid your face of dry, itchy or rouge skin due to harsh weather, you should consider all the benefits of this facial treatment including essential nutrients that soothe and moisturize the face, leaving it radiant.

Just for Him Facial (60 min.)

A cleansing, balancing and therapeutic facial designed for men's skin issues, such as shaving irritation and sensitivity. This treatment targets skin impurities with extraction and masking. The stress-reducing facial massage will leave your face feeling refreshed and energized.

Deep Hydrating (50 min.)

Nourish dry, dehydrated skin that has become dull, patchy and flaky with this hydrating facial treatment that immediately nourishes and hydrates the skin to relieve tightness and fine lines. Gentle exfoliation removes dry skin cells, and allows the rich face treatment oils and long-lasting, replenishing products to deliver hydration deep into the skin. Soft, supple skin is revealed and dehydration is kept at bay.

Teen Facial (50 min.)

Facials for teens are designed to specifically address breakouts that frequently are associated with adolescent skin. The treatment begins with a deep cleansing, followed by gentle extractions. A healing mask will then help to rehydrate dry, flaky skin, or eliminate oily particles.



SALON EXPERIENCES

Nails

Beauty Manicure • CasaMagna Spa Manicure • Beauty Pedicure • CM Warm Stones Pedicure • CasaMagna Spa Pedicure (it might be nice to include some details on the different options so guests know how they differ) • French Add On • Polish Change • Gel / Acrylic Nails Full Set • Gel / Acrylic Nails Refill • Fix a Nail • Acrylic Removal and Buffing.

Hair and Design

Ladies' cut and style • Shampoo Set • Shampoo & Blow Dry • Straight • Up Do • Shampoo & Iron Curls • Brides Style • Brides Style Trial • Braids All Head • Braids Half Head • French Braids.

Gentlemen

Gentleman's cut and style.

Hair & Scalp Treatments

Nourishing Treatment & Balancing.

Color

Restorative • Single process • Double process • Highlights Short Hair • Long Hair & Corrective Color.

Make Up

Brides Make Up & Brides Make Up Trial.

Waxing

Half Leg • Full Leg • Arm • Bikini • Under Arm • Eyebrows Design • Upper Lip • Full Face • Full Back • Chest Regular.

Paraffin

Hands or feet.





SPA KIDS



Pinky Club Pedicure (25 min. / 30 min.)

Choose your favorite "ice cream color" for this fun and gentle pedicure. With color and decals, you'll be ready to show off those toes in your favorite sandals.

Nails - Star Glitter Manicure

Fit for any princess, this includes a gentle hand massage, nail buffing with gloss and a choice of decals.

More Gloss

Polish change and choice of decals.

Kids Cut & Style

Children's haircut and style.



SPA ETIQUETTE

- I. To preserve the harmony within the spa we kindly ask you to turn off all cellular phones.
- II. For the privacy and comfort of all guests, please use your swimsuit when indulging in the Water Ritual.
- III. The best way to fully enjoy your unique spa experience is by arriving on time.
- IV. The minimum age to be able to use the facilities of the hydrotherapy area and Water Ritual is sixteen. For the wellbeing of children, we do not recommend the use of our hydrotherapy circuit for minors.
- V. Food and drinks are not permitted within the spa's facilities.
- VI. Alcoholic beverages are not permitted within the spa. For your own safety, we reserve the right to refuse service or treatment to individuals who are under the influence of alcohol or drugs.
- VII. Please leave your jewelry or valuables in the safe located in your suite. The spa is not responsible for lost or forgotten items within its facilities.
- VIII. We remind you that all our treatments and services are 100% therapeutic, any inappropriate behavior will result in the termination of a therapist's service, without the possibility of refund.

HEALTH

Upon arrival at the spa we will give you a medical form to fill out. Please report any medical conditions, allergies, pregnancy, high blood pressure or asthma so that we may better serve your needs. Some of our treatments are not recommended in the event of illness or pregnancy.

GIFT CERTIFICATES

What better gift than an indulgent spa experience? Gift certificates are available for any treatment or products at the spa reception.

LATE ARRIVALS

Please understand that arriving late to your appointment may mean that the time of your treatment may be reduced or canceled completely if time does not permit a quality experience. If this is the case, the spa can provide another available appointment time so you can enjoy the full spa experience. Please be advised that it may not be possible to extend your treatment schedule, however you will be charged for the total cost of the service.

CANCELLATION POLICY

For the consideration of other guests, we ask that you please cancel appointments a minimum of 8 hours in advance, otherwise, you will be charged the full price of the treatment. Group reservations fall under a different cancellation policy. Please see your group contract for further details.



To make an appointment Ext. 25 Ph. 2260076

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