

TARPON HOUSE

begin

orange or grapefruit juice	5	steel cut oats, walnuts, bananas	6
chilled juices - tomato, pineapple, v8, cranberry	3.5	almond granola, fresh berry parfait	8
chilled ruby red grapefruit	6	selection of yoplait yogurts	6
seasonal fresh fruit plate	12	smoked salmon	13
selection of cereal, fresh fruit	5	traditional accompaniments, toasted bagel	
		smoothie	5
		chef's daily creation	

classics

continental breakfast 12

chilled juice, fresh fruit plate, bread selection, coffee or tea

personal omelet 14

your choice of three farm fresh eggs, egg beaters, or egg whites served with bread selection and choice of toppings:

cheeses – tillamook cheddar, big eye swiss, brie, monterey jack, maytag blue, goat

meats – applewood smoked bacon, pork sausage, turkey sausage, black forest ham, canadian bacon, chorizo, parma ham

vegetables – asparagus tips, artichoke hearts, roasted peppers, sweet onion, roma tomatoes, forest mushrooms, baby spinach, avocado, pico de gallo

all american 15

two eggs, pork sausage, applewood smoked bacon or canadian bacon, black forest ham, hash browns

poached eggs 14

canadian bacon, lump crab meat or smoked salmon, hollandaise sauce, english muffin



petite filet [protein] 21

two eggs, sliced tomatoes, fresh spinach and aged balsamic

fast fare [carb conscious] 11

low carb - two scrambled eggs topped with cheddar, black forest ham and sliced tomatoes

crunchy grilled french toast [low fat] 12

whole wheat bread dipped in cholesterol free eggs and crushed corn flakes with berries and bananas

corned beef hash & poached eggs 12

two poached eggs and corned beef combined with hash brown potatoes

egg white fritatta 18

lump crab, broccoli, avocado, warm salsa, sliced tomatoes

griddle breakfast 14

banana pancakes, orange vanilla french toast or belgian waffle

etc.

breakfast meats	5	sliced tomato, cottage cheese	6
pork sausage, applewood smoked bacon, black forest ham, canadian bacon		bagels, croissants, danish, muffins	5
hash brown potatoes	4		

liquids

coffee, decaffeinated coffee	3	soda, milk	3
revolution teas	3.5	.5l pana, san pellegrino	6
cappuccino, espresso	4	1l pana, san pellegrino	8



these items have been selected to meet the diverse dietary needs of our guests. your server will be happy to answer any questions you may have.

consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase the consumer's risk of food-borne illness