



BY JW



BYJW

Welcome to Spa by JW, an experience that favours simplicity over complexity and clarity over mystery. Knowing your time is valuable, we offer express spa treatments as a simple indulgence. Our inviting spa lounge is the perfect place to gather with a group or simply unwind and take a moment.

Spa by JW delivers experiential retail and treatments that are tailored to your exact needs and focused on delivering four distinctive benefits — Calm, Indulge, Invigorate and Renew. Whether you're fatigued from a long journey or simply desire a well-deserved retreat, we provide a personalised spa experience that is as effortless as it is rewarding. Begin your journey with your desired results in mind.

## CALM

Reset for a moment of serenity. Find your center by slowing down time, so you're ready to take on whatever comes next.

## INDULGE

You deserve the best. For all that you do, take time for some special nourishment. After all, life's simplest pleasures should not be forgotten.

## INVIGORATE

Stress takes its toll. Embrace your own vitality by replacing what's been lost, enlivening your body and clarifying your mind.

## RENEW

Unclutter your mind and body. Our busy lives often leave little room to focus on ourselves. Cleanse and purify to gain absolute clarity.

# CALM

So much is expected of us — to be brilliant, be ready, be connected. Why not just be? We take the idea a step further, removing distractions and excess to create an environment of simple tranquility. Our signature treatments oblige with a calming effect. Let Spa by JW slow your world down, for as long as you like.



CALM

## MASSAGE

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### **SIGNATURE MASSAGE**

*Relax with a customised massage combining traditional Asian techniques to target your areas of stress and tension. The massage helps to boost circulation and promote relaxation.*

(60 OR 90 MINUTES)

### **STRESS RELIEF**

*Restore body and mind with a deep relaxing massage to release stress and tension with specially blended therapeutic oils. (60 OR 90 MINUTES)*

### **SLEEP DEEPLY**

*This head-to-toe massage uses carefully applied pressure to induce a serious state of relaxation, leaving you prepared for a sound night's sleep. (60 OR 90 MINUTES)*

## FACIAL

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### **SOOTHING**

*A truly soothing and calming facial suitable for irritated or inflamed skin, helping to reduce redness, nourish, soothe and restore the skin's natural radiance. (90 MINUTES)*

## EXPRESS TREATMENT

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### **RELAXING SCALP MASSAGE**

*Relax the mind and enjoy the feeling of calmness within the head. (15 OR 30 MINUTES)*

### **TENSE SHOULDERS**

*A massage targeting the neck and shoulder, to reduce muscle tension and relieve stress. (15 OR 30 MINUTES)*

# INDULGE

Everyone deserves a moment of pampering, without guilt or reservation. At Spa by JW we offer an indulgent experience through a range of therapeutic treatments that soothe in the most sublime and simplistic way. A rewarding feeling that will stay with you long after you leave.



INDULGE



## **MASSAGE**

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### **ULTIMATE AROMATHERAPY EXPERIENCE**

*A real aromatherapy experience combining the power of pure essential oils with a specialised massage drawn from the traditions of both East and West. It helps ease away the day's stresses and strains, and brings body and mind back to balance. (60 OR 90 MINUTES)*

### **CLEAR YOUR MIND**

*Perfect for times of stress and over-activity, this treatment helps the mind unwind and refocus, getting you back on track. (60 OR 90 MINUTES)*

## **FACIAL**

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### **FIRMING & BRIGHTENING**

*The ultimate treatment for immediate and visible results. Your skin will be deeply cleansed, lifted and toned while fine lines are plumped out giving you natural glowing, healthy and radiant skin. (90 MINUTES)*

### **ANTI-AGEING**

*An intensive treatment for ageing skin, including a unique dual layering of intensive masks, with specific lifting, plumping and firming massage. Delivers instantly visible results. (90 MINUTES)*

## **BODY**

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### **SIGNATURE SPA JOURNEY**

*Pamper yourself with a personal journey of your choice. Book a length of 120 or 180-minutes and tailor your unique experience with our signature treatments. (120 OR 180 MINUTES)*

## **EXPRESS TREATMENT**

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### **RELAXING MASSAGE**

*Enjoy an escape to renew and revive your scalp, neck, back and arm. (15 OR 30 MINUTES)*

# INVIGORATE

The stresses of travel and everyday life  
all take a toll, making energy elusive.

Replace what's been lost with treatments  
designed to focus on your body's less  
obvious engines and enliven every facet of  
your being. At Spa by JW, find balance and  
energy on your way to a new vitality.



INVIGORATE

## **MASSAGE**

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### **RE-ENERGISE**

*Replenish with an uplifting massage to restore energy in your mind, body and soul. (60 OR 90 MINUTES)*

### **JET LAG CURE**

*A treatment for weary travellers to get you back on track when you're feeling fuzzy, tired and sluggish. (60 OR 90 MINUTES)*

## **FACIAL**

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### **FIRMING**

*For those concerned with the first signs of ageing, and when you need visible and instant results. Effects are lifted and toned facial muscles, smoothing of fine lines and replumped skin. (90 MINUTES)*

### **RADIANCE**

*Luxurious rose oils help condition the skin and deeply nourish. The result is a smooth, radiant complexion and a relaxed state of mind. (60 OR 90 MINUTES)*

## **BODY**

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### **SIGNATURE COCOON**

*The body mud wrap therapy is designed to tone and hydrate the skin, and rejuvenates tired muscles. (60 MINUTES)*

## **EXPRESS TREATMENT**

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### **ENERGY BOOST MASSAGE**

*A balancing massage to reduce fatigue and increase our energy. (15 OR 30 MINUTES)*

### **ACHING FEET**

*Relieve tired, aching feet and lower legs with this wonderfully relaxing treatment. (30 OR 45 MINUTES)*

# RENEW

What was lost can now be found. Discover a sense of clarity, a more balanced life and that state of well-being that has drifted too far from center. Get back to the necessity of simply feeling good — about your body, your mind and your spirit. From massages to facials to total body treatments, emerge from a highly personalised treatment feeling refreshed and rejuvenated.



RENEW

## **MASSAGE**

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### **FEEL REVIVED**

*Bring back your natural glow with a revitalising massage leaving you feeling rested and revived. (60 OR 90 MINUTES)*

### **INTENSE MUSCLE RELEASE**

*An intensive massage that works deep into stiff, tight, aching muscles to instantly release pain and tension. (60 OR 90 MINUTES)*

## **FACIAL**

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### **BRIGHTENING**

*For those needing a deep and effective cleanse, this facial is recommended to maintain super clear skin and pores. The results are a clear, clean and bright complexion, full of health and vitality. (90 MINUTES)*

### **DEEP CLEANSE**

*An intensive treatment that cleanses and purifies, leaving your skin clean, calm and balanced. (60 OR 90 MINUTES)*

## **BODY**

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### **SIGNATURE SCRUB**

*A luxurious exfoliating body scrub sloughs away dull, dry skin to reveal clear and radiant complexion. (60 MINUTES)*

## **EXPRESS TREATMENT**

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### **TENSION RELEASE MASSAGE**

*Feel rejuvenated with a massage targeting tension spots in the back, neck and shoulders. (15 OR 30 MINUTES)*

# ESSENTIALS

Looking polished is just as important as how you feel inside. These Essential services are exactly that — treatments that allow you to achieve total contentment and confidence both inside and out. Let us apply the finishing touches to your confident style.

**MANICURE**

**LUXURY MANICURE**

**PEDICURE**

**LUXURY PEDICURE**

**SELECTION OF ADD-ON TREATMENTS**





# FULL SPA EXPERIENCE

## CALM

### MASSAGE

#### SIGNATURE MESSAGE

60 MINUTES	\$180
90 MINUTES	\$250

#### STRESS RELIEF

60 MINUTES	\$160
90 MINUTES	\$230

#### SLEEP DEEPLY

60 MINUTES	\$160
90 MINUTES	\$230

### FACIAL

#### SOOTHING

90 MINUTES	\$250
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## INDULGE

### MASSAGE

#### ULTIMATE AROMATHERAPY EXPERIENCE

60 MINUTES	\$160
90 MINUTES	\$230

#### CLEAR YOUR MIND

60 MINUTES	\$160
90 MINUTES	\$230

### FACIAL

#### FIRMING & BRIGHTENING

90 MINUTES	\$300
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#### ANTI-AGEING

90 MINUTES	\$250
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### BODY

#### SIGNATURE SPA JOURNEY

120 MINUTES	\$320
180 MINUTES	\$480

## INVIGORATE

### MASSAGE

#### RE-ENERGISE

60 MINUTES	\$160
90 MINUTES	\$230

#### JET LAG CURE

60 MINUTES	\$160
90 MINUTES	\$230

### FACIAL

#### FIRMING

90 MINUTES	\$300
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#### RADIANCE

60 MINUTES	\$180
90 MINUTES	\$250

### BODY

#### SIGNATURE COCOON

60 MINUTES	\$180
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## RENEW

### MASSAGE

#### FEEL REVIVED

60 MINUTES	\$160
90 MINUTES	\$230

#### INTENSE MUSCLE RELEASE

60 MINUTES	\$170
90 MINUTES	\$240

### FACIAL

#### BRIGHTENING

90 MINUTES	\$260
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#### DEEP CLEANSE

60 MINUTES	\$180
90 MINUTES	\$250

### BODY

#### SIGNATURE SCRUB

60 MINUTES	\$180
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Purchase any 10 sessions of a-la-carte treatments and receive an extra 2 sessions complimentary.  
All prices are subject to 10% service charge and prevailing government taxes.



# EXPRESS & ESSENTIALS

## CALM

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### RELAXING SCALP MASSAGE

15 MINUTES	\$40
30 MINUTES	\$60

### TENSE SHOULDERS

15 MINUTES	\$40
30 MINUTES	\$60

## INDULGE

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### RELAXING MASSAGE

15 MINUTES	\$40
30 MINUTES	\$60

## INVIGORATE

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### ENERGY BOOST MASSAGE

15 MINUTES	\$40
30 MINUTES	\$60

### ACHING FEET

30 MINUTES	\$60
45 MINUTES	\$100

## RENEW

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### TENSION RELEASE MASSAGE

15 MINUTES	\$40
30 MINUTES	\$60

## GROOMING

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### MANICURE

60 MINUTES	\$70
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### LUXURY MANICURE

90 MINUTES	\$130
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### PEDICURE

60 MINUTES	\$80
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### LUXURY PEDICURE

90 MINUTES	\$140
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## ADD-ON

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### EYELIFT

15 MINUTES	\$70
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### BODY POLISH

30 MINUTES	\$100
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### HYDRATING HANDS

30 MINUTES	\$80
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### HYDRATING FEET

30 MINUTES	\$90
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### AGE DEFYING FACE MASK

	\$40
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### HYDRATING HAND MASK

	\$50
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### EXFOLIATING FOOT MASK

	\$50
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## DAY PASS

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### 3-HOUR ACCESS

HOTEL GUEST	\$38
RETAIL GUEST	\$80

### FULL DAY ACCESS

HOTEL GUEST	\$58
RETAIL GUEST	\$120

*Purchase any 10 sessions of a-la-carte treatments and receive an extra 2 sessions complimentary. All prices are subject to 10% service charge and prevailing government taxes.*

# HOW TO SPA

## **SCHEDULING AN APPOINTMENT**

To schedule an appointment for a treatment, please speak with our Spa specialist, who will be happy to help you with your selection. Hotel guests can dial the hotel operator and request the Spa by JW. From outside the hotel, please call +65 6818 1939. To ensure availability of your preferred time and service, we recommend making your reservation in advance.

## **SPA ETIQUETTE**

In order to ensure all our guests a relaxing experience, please respect all guests' right to privacy and serenity. Please refrain from using a mobile device or pager. The Spa by JW is a smoke-free environment. Towels, slippers, shower cap and required amenities will be provided for use during your visit. The minimum age of 18 is required for access to the spa areas.

## **EXPRESS TREATMENTS / ESSENTIALS**

Guests who schedule appointments for Express Treatments or Essential services have access to the Express Treatment Suites area only.

## **HEALTH CONDITIONS**

When making your Spa by JW reservation, please advise us of any health conditions, allergies or injuries that could affect your experience.

## **PREGNANCY**

Please allow our Spa team to recommend suitable treatments for you during this special time.

## **CANCELLATION POLICY**

A 50% cancellation fee will be incurred for any treatment cancelled less than 24 hours prior to appointment. Cancellation within 12 hours will be charged the full price of the service.



BY JW

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