
This is about the **Body**.
The water, the air, the breath.
The muscles, minerals, molecules.
The body that moves, works, endures.
This is about the body.
Care for the body.

This is LifeSpa.



LIFESPA

Healthy. Strong. Beautiful.

LIFETIME

THE HEALTHY WAY OF LIFE COMPANY™

2223 N. West shore Blvd

Tampa, FL 33607

Phone: (813)513-7042

Fax: (813)262-1266

www.lifetimefitness.com/lifespas

Styling and Grooming

Women's haircut	\$50+
Men's haircut	\$30+
Childs's haircut	\$20+
Shampoo & Blow-Out	\$35+
UpDo	\$55+
DownDo	\$45+
Bang Trim	\$15+

Color Services

Single Process Color/ Root touch-up	\$50+
Full Highlights/Lowlights	\$80+
Partial Highlights/Lowlights	\$65+
Placement Foils	\$5
Brow Tinting	\$20
Lash Tinting	\$30

Combination Services

Foil Partial with cut	\$110+
Foil Partial with color	\$120+
Foil Partial with color & cut	\$160+
Full foil with cut	\$125+
Full foil with color	\$135+
Full foil with color & cut	\$175+

Hair Treatments

Fusio-Bose Deep Conditioning	\$35+
Renewal Therapy Treatment	\$30+
Kenra Smoothing Treatment	\$300

Extensions

Price based on consultation

Corrective Color

Price based on consultation

Make-Up

Make-Up Application	\$50
<i>**Free application with purchase of \$75 Jane Iredale Make-Up products**</i>	

Nail Care Therapy

Manicures

Beautifying Treatment

45 minutes	\$35
30 minutes	\$25

Shellac Beautifying Treatment

60 minutes	\$45
Gel Removal	\$15

Strengthening Treatment

30 minutes	\$25
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Pedicures

Beautifying Treatment

60 minutes	\$60
30 minutes	\$45

Heel & Repair

30 minutes	\$35
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Nail Care Enhancements

Paraffin Mani	\$15
Paraffin Pedi	\$15
Slow Aging Treatment	\$25
Nail Repair	\$10
Manicure and Pedicure	\$90

Massage

BodyWork/ Recovery & Relaxation

Therapy

30 minutes	\$80
60 minutes	\$120
90 minutes	\$195

Series options available

Pregnancy

60 minutes	\$130
90 minutes	\$205

BodyWork Enhancement

Hot Stone	\$25
Detoxifying Back Treatment	\$25

Aesthetic Skin Therapy

Facials

Brightening	60 min	\$130
Firming	60 min	\$130
Calming / Clarifying	60 min	\$130
Red Carpet Facial	30min	\$150

Series options available

Facial Enhancements

Eye/Lip Treatment	\$30
Hand Treatment	\$35
LED Therapy	\$40

HydraFacials

HydraFacial™	30 min	\$150
Extended HydraFacial	60min	\$255

HydraFacial Enhancements

Derma Builder half/full vial	\$30/\$50
Neck/Decolletage Add-on	\$50

Peels

Perk-Me Up Peel	\$85
Post Peel Facial	\$75
Radiance Peel	\$90
Skin Fitness Assessment	\$50

Spa Waxing

Lip	\$20
Chin	\$25
Brow	\$25
Underarm	\$25
Cheek	\$35
Face (exclude brow)	\$45
Bikini	\$40
Brazilian	\$80
Half/Full Arm	\$30/\$45
Half/Full Back	\$40/\$65
Half/Full Leg	\$45/\$80

Lash Extensions

Faux Mink, Silk, and Mink Available
Starting \$225
Fills starting at \$85

*****All prices listed are starting prices and will vary with each technician's education and experience*****