

# The Meadows Restaurant

## Served Daily From 11am-3pm

### To start and share...

**Handcrafted Soup** 5

**Hummus** grilled flatbread, crisp celery and carrots for dipping [a low cholesterol choice] 7

**Buffalo Wings** medium buffalo sauce with blue cheese, celery, carrots 12

**Old Bay Wings** Old Bay seasoned Teriyaki honey glaze with house made ranch, celery, carrots 12

**Large Caesar** romaine hearts, parmesan cheese & toasted garlic croutons, tossed in a creamy Caesar dressing 9 GF\*  
**Add Joyce Farms chicken** 5     **Add NY strip steak** 10     **Add Loch Duart salmon** 11

**The Wedge Side Salad** crisp iceberg, blistered tomatoes, bacon, and house made blue cheese dressing 7 GF

**Spinach Side Salad** smoked bacon, goat cheese, and warm balsamic vinaigrette 8 GF

**The Meadows Side Salad** salad greens, grape tomatoes, cucumber, carrots, candied pecans and your choice of dressing 7 GF

**Classic Side Caesar** romaine hearts, parmesan cheese & toasted garlic croutons, tossed in a creamy Caesar dressing 6 GF\*

### Dressing choices:

**Vinaigrettes:** Red Wine, Balsamic, Golden Italian GF

**Creamy:** Ranch, Thousand Island, Blue Cheese, Honey Mustard GF

**Fat Free:** Fat Free Ranch, Raspberry Vinaigrette GF

### Favorites...

**Chicken Quesadilla** 12     **Pepper Jack Quesadilla** 9

On a flour tortilla with salsa, sour cream & guacamole

**Joyce farms Grass Fed Burger** aged cheddar cheese, lettuce, tomato, onion, Benton's smoked bacon, Mountain View Bakery sourdough bun, French fries and pickle spear 12

**Classic Reuben** French fries, Cole slaw and pickle spear 11

**Garden Burger** whole wheat bun, provolone cheese, lettuce, red onion, yellow mustard, mayo, house made chips, and pickle spear 10

**Blackened Tilapia Sandwich** country sourdough bun, cilantro lime mayonnaise, cabbage mango slaw, and French fries 13

**Open Faced NY Strip Sandwich** sautéed mushrooms & onions, provolone cheese, served over sour dough bread, au jus, French fries and pickle spear 19

**House Roasted "All Natural" Turkey BLT** tomato, mayonnaise, arugula, Benton's bacon, avocado, Mountain View Bakery sourdough, French fries and pickle spear 10

**Hickory Smoked Pulled Pork BBQ Sandwich** served on a Kaiser bun with Cole slaw, and house made chips 10

**Grilled Three Cheese Sandwich** aged cheddar, fontina, and mozzarella on Mountain View Bakery sourdough bread, house made chips and pickle spear 8     **Add tomato** 1     **Add ham** 2     **Add bacon** 2

**Chicken Salad Croissant** with your choice of soup or salad, house made chips, pickle spear 12

**Fried Pork Sandwich** honey dijon, sourdough bun, lettuce, tomatoes, French fries, and pickle spear 10

### Specialty Flatbread Pizza...

**California** pesto oil, fresh mozzarella, goat cheese, tomatoes, and basil 12 GF\*\*

**Tennessean** bourbon bbq pulled pork, smoked corn, grilled red onion 12 GF\*\*

### Dessert... 7

**Betty's Bread Pudding** with bourbon sauce, **Key Lime Pie** with whipped cream, **Warm Chocolate Lava Cake**

**Warm Apple Cobbler,** **Italian Lemon Cream Cake**

*Add Ice Cream 1*

*GF=Gluten Friendly   GF\*=Gluten Friendly with no crouton   GF\*\*= Gluten Friendly option available*

Gratuity & tax not included-18% Gratuity will be added to parties of 8 or more  
Please let us know of any dietary preferences or food allergies we should be aware of in the preparation of your meal. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

MeadowView Conference Resort and Convention Center  
1901 Meadowview Parkway | Kingsport, TN 37660 | 423.578.6600