



# Spa

AT DELTA  
GRAND OKANAGAN

# Spa Etiquette

## PLEASE ARRIVE EARLY

Arriving 20 minutes prior to your scheduled appointment allows time for you to relax and unwind before your treatment.

## SPA AMENITIES

All Spa guests are invited to enjoy complimentary use of the fitness facility, swimming pool, sauna, steam room and hot tubs. Bathing attire required.

## CANCELLATIONS & LATE ARRIVAL

We will be happy to reschedule or cancel your appointment with a minimum of 24 hours notice. On booked packages, we require 48 hours notice. Please understand missed appointments will be charged 100% of service fee. If you arrive late we can offer you the remaining time on your treatment, so as not to interfere with the next guest's treatment. All appointments are secured with a credit card.

## GROUP BOOKINGS

We can cater to larger groups, such as bridal parties, corporate events, bachelorette and birthday parties. Please note that an automatic 18% gratuity will be applied to groups over 5 people.

## GIFT CARDS

Gift cards can be purchased in person for any service, package or dollar amount, or online at [www.marriott.com](http://www.marriott.com).

*Spa*  
AT DELTA  
GRAND OKANAGAN

### Booking Contact Information

PHONE **250.868.5629**

IN-HOUSE EXTENSION **5629**

E-MAIL **[chr.dgospa@marriott.com](mailto:chr.dgospa@marriott.com)**

BOOK ONLINE **[www.marriott.com](http://www.marriott.com)**



# Signature Packages

## JUST THE TWO OF US

Share your day with your friend or loved one. Allow the comfort and warmth of healing hands to melt away your daily stresses with a Signature 60 Minute Massage followed by our Classic Facial and Bright Eyes Treatment. Complete your day with a Classic Spa Pedicure to revitalize your feet. Includes a light spa lunch in our relaxation lounge.

Approx. 4 hours . . . . . \$675

## PURE HEAVEN

Experience two amazing treatments while nourishing and hydrating your face, body and soul. Enjoy an Aroma Nourishing Wrap followed by an Age Corrective Facial.

Approx. 2.5 hours . . . . . \$300

## BLOKES AND BEER

A package designed just for men with the beer-lover in mind. Enjoy a full-body massage for 60 minutes, a personalized Gentleman's Facial and a Sports Man-icure. Before we send you off to wherever your day may take you, we will complete your spa day with a chilled local brew on our spa patio!

Approx. 3.5 hours . . . . . \$290

## HEAD TO TOE

This decadent package includes treatments for your face, hands and feet. Our Classic Facial will leave your skin glowing. To complete the day, enjoy a Grand Premier Pedicure and a Classic Manicure.

Approx. 3.5 hours . . . . . \$275

## OKANAGAN SERENITY

Relax with a Signature 60 Minute Massage infused with one of our beautiful Aromatherapy Blends, followed by a deluxe Grand Premier Pedicure.

Approx. 2.5 hours . . . . . \$200

# Facials

*Eminence Skin Care will take your skin to the next level, using high performance, certified organic ingredients that will help minimize signs of aging and other skin damage. Our skin care professional will provide a skin analysis and recommendation card for proper home care advice to better protect your skin at home.*

## **SIGNATURE GRAND PREMIER FACIAL**

Decadent and effective ingredients leave you looking and feeling renewed. Our most luxurious facial will be customized to the specific needs of your skin, and includes not one but two organic maskings with our Bright Eyes and Luscious Lips treatments. Unwind as you receive full hand and arm exfoliation followed by a relaxing massage to round out this wonderful facial.

**90 minutes . . . . . \$220**

## **AGE CORRECTIVE FACIAL**

Leave your skin nourished and firm. A luscious combination of bamboo, monoi, coconut and neroli will infuse the skin with nourishing properties, while Natural Retinol Alternative and Swiss Green Apple Stem Cell Technology repair the signs of aging.

**75 minutes . . . . . \$180**

## **LUXE BACK TREATMENT**

Rejuvenate this often neglected area of the body with nourishing organic ingredients. Essentially a facial for the back, you will enjoy a steam, exfoliation, massage and masque leaving your skin touchably soft.

**60 minutes . . . . . \$130**



## CLASSIC FACIAL

Customized to suit your personal skin care needs, this Classic Facial has been designed to leave you feeling relaxed and renewed. Our skin care professional will conduct a skin analysis before customizing and cocktailing your treatment to include cleansing, toning and masking. A hand and arm massage will melt away any stress, while our sun defence minerals will protect and heal your skin.

60 minutes . . . . . \$140

## GENTLEMEN'S FACIAL

Leave your skin feeling fresh and revitalized, with this customized facial catered specifically for the needs of men's skin. A face, neck and shoulder massage is performed, making this a traditional barber experience (without the shave). To complete this treatment, enjoy a hand and arm massage before continuing with your day.

60 minutes . . . . . \$140

## REFINING PUMPKIN PEEL

Transform your skin with this quick high performance treatment to re-surface and reclaim younger looking skin. Full of vitamins, beta carotene and anti-oxidants, this peel loosens dead skin cells and encourages healthy cell turnover while helping to erase sun damage, pigmentation and fine lines. (Not recommended for sunburned skin or if you plan to spend time in the sun.)

45 minutes . . . . . \$110

## ADD-ON ENHANCEMENT TO ANY FACIAL SERVICE:

Scalp Tension Release Massage

15 minutes . . . . . \$25

Bright Eyes . . . . . \$30

Luscious Lips . . . . . \$25

# Massages

*\*\*Please request at time of booking if you require a receipt for benefits or insurance purposes (RMT receipt) in order to schedule your appointment with the appropriate therapist.*

## **THERAPEUTIC MASSAGE (With a BC Registered Massage Therapist)**

Tailored to your specific needs and infused with a beautiful Aromatherapy Blend.

90 minutes . . . . .	\$.175
60 minutes . . . . .	\$.135
45 minutes . . . . .	\$.115
30 minutes . . . . .	\$.95
Side by side:	
90 minutes . . . . .	\$.370
60 minutes . . . . .	\$.280

## **SIGNATURE MASSAGE**

Choose from relaxation or deep tissue.

90 minutes . . . . .	\$.165
60 minutes . . . . .	\$.125
45 minutes . . . . .	\$.105
30 minutes . . . . .	\$.85

## **SIDE BY SIDE COUPLES MASSAGE (Choose from Relaxation or Deep Tissue)**

A relaxing experience to enjoy with your partner or friend.

90 minutes . . . . .	\$.350
60 minutes . . . . .	\$.260

## **MOTHER TO BE MASSAGE**

Customized massage on a pregnancy pillow to conform and cradle the belly, creating a sense of well-being and relief of prenatal aches and pains.

90 minutes . . . . .	\$.165
60 minutes . . . . .	\$.125



## **THAI MASSAGE**

Thai yoga massage is an ancient healing art that evolved in Thailand more than 2500 years ago. It blends Chinese meridian acupressure and Ayurvedic yoga stretching. This relaxing and therapeutic treatment is performed on a padded mat on the floor using pillows and bolsters when needed. Please wear comfortable and stretchable clothing.

**90 minutes . . . . . \$175**

## **GRAND PREMIER HOT STONE MASSAGE**

Experience massage with the use of heated basalt stones. The heat from the stones works its way into tired and stressed muscles, creating deep relaxation. This is a beautifully calming treatment for the body, mind and soul.

**75 minutes . . . . . \$165**

## **HEAD NECK & SHOULDER MASSAGE**

Relieve tension headaches, stimulate the scalp and reduce stress.

**30 minutes . . . . . \$75**

## **LEG AND FOOT RELIEF**

Relieve tired aching muscles and restore balance using Swedish massage techniques.

**30 minutes . . . . . \$75**



# Body Treatments

## REVITALIZING BODY WRAP

Indulge in a full body exfoliation, nourishing body wrap, scalp massage and finishing treatment cream. Provides effective exfoliation and deep hydration for anti-oxidant and anti-aging benefits.

60 minutes . . . . . \$160

*(Please inquire about our seasonal wrap options)*

## EXFOLIATING BODY GLOW

Experience deep exfoliation with this Exfoliating Body Glow and receive incredibly hydrated and soft skin. Includes a full body exfoliation and luxurious lotion application.

45 minutes . . . . . \$125

## ADD-ON BODY TREATMENT ENHANCEMENTS:

25 Minute Relaxation Massage

25 minutes . . . . . \$65

Stimulating Hungarian Cellulite Treatment

15 minutes . . . . . \$35

Face Refresher (Cleanse, Tone, Hydrate)

15 minutes . . . . . \$35

*For stubborn cellulite we recommend the Eminence Cinnamon Paprika Body Lotion for Home Care use.*





# Hand & Foot Care

## SHELLAC PEDI

Includes cuticle, nail and callus care finishing with a relaxing foot and leg massage. Toes are topped off with your choice of Shellac polish leaving you cured, smudge-free and ready to go!

75 minutes . . . . . \$110

## THE GRAND PREMIER PEDICURE

Revitalize feet in a sea salt foot soak, infused with herbal tea. Our Grand Premier pedicure includes professional grooming of the feet, nails and cuticles as well as an exfoliating scrub and a hydrating organic mask to relieve dry, cracked skin.

75 minutes . . . . . \$100

## CLASSIC PEDICURE

Includes cuticle, nail and callus care finishing with a relaxing foot and leg massage. Toes are topped off with your choice of OPI polish.

60 minutes . . . . . \$85

## SHELLAC MANI

Includes cuticle and nail care finishing with a relaxing hand and arm massage. Nails are completed with your choice of Shellac polish leaving you cured, smudge-free and ready to go!

75 minutes . . . . . \$90

## THE GRAND PREMIER MANICURE

Soften and renew hands with an invigorating sugar scrub and hydrating mask. Nails and cuticles transformed, experience a relaxing hand and arm massage that will de-stress any overworked hand.

75 minutes . . . . . \$80

## CLASSIC MANICURE

Includes cuticle and nail care finishing with a hand and arm massage. Nails are completed with your choice of OPI polish.

60 minutes . . . . . \$70

## SPORTS MANICURE OR PEDICURE

Includes professional grooming of the hands or feet, nails and cuticles, finishing with a lotion application to send you on your way. (No polish applied).

45 minutes . . . . . \$60/\$75

### Manicure or Pedicure Enhancements:

French Polish . . . . . 15 minutes | \$10

Shellac Soak Off . . . . . 15 minutes | \$20



# Hair Removal & Tint

## WAXING

Brow Shape . . . . .	\$25
Lip . . . . .	\$20
Chin . . . . .	\$20
Full Face including brows . . . . .	\$65
Underarm . . . . .	\$35
Bikini Line. . . . .	\$50
Full Legs. . . . .	\$80
Full Leg & Bikini . . . . .	.\$115
Half Legs . . . . .	\$60
Half Leg & Bikini. . . . .	\$90
Full Arms . . . . .	\$55
Half Arms . . . . .	\$40
Chest/Back – Full . . . . .	\$75
Chest/Back – Partial. . . . .	\$45

## LASH & BROW TINTING

Lash & Brow Tint, Brow Shape . . . . .	\$80
Lash & Brow Tint. . . . .	\$55
Brow Shape & Tint . . . . .	\$55
Lashes Tint . . . . .	\$35
Brows Tint . . . . .	\$25





ÉMINENCE  
ORGANIC SKIN CARE  
HUNGARY • SINCE 1958



O·P·I

CND™  
SHELLAC™



# Our commitment to service excellence

We endeavor to provide you with a truly memorable and exceptional experience and that is why we are committed to deliver:

- friendly staff
- comfortable ambiance
- clean and sanitized environment
- highly skilled team of therapists
- professional consultation
- analysis and assessment
- pleasurable and effective service
- recommendations for proper skin care
- your complete satisfaction

*An oasis of serenity*



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DELTA  
HOTELS

MARRIOTT

GRAND OKANAGAN  
RESORT

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